December 2024

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Merry Christmas! Happy Holidays! Be Joyful! Be Grateful!



ENJOY THE LIGHTS, TOAST TO THE SEASON Tuesday, December 3 at 4:30 Meet at NS Cabrillo Gate

MEN'S CLUB BREAKFAST WITH DHHS CAROLERS December 3 at 8:30 a.m. NS Clubhouse



Unique merchandise, Cookies, Pictures with Santa, Food Trucks - and Snow! December 8 from Noon to 4 p.m. NS Beach Bluff



LIGHTS CONTEST

Lights on, starting now! Three streets with highest percent of lighted homes will win a holiday party with neighbors! Judging - December 13.



December 13, 14, 15 Starting at 6:30 p.m. **Dana Point Harbor**

PICKLEBALL HOLIDAY PARTY

December 11 from 5:30 to 8:30 p.m. NS Clubhouse



HOLIDAY POTLUCK

December 16 at 11:00 a.m. **NS Clubhouse**





December 19 at 1:00 p.m. NS Clubhouse

TOY COLLECTION PICKUP

Greet Marines and Marine Vets picking up our toy donations. December 17 at 10:00 a.m. NS Clubhouse Lobby

THANKYOU NIGUEL SHORES!

ONLINE & IN PERSON DONATIONS EXCEEDED 12,000 MEALS!

A **NEW RECORD** FOR THIS YEARLY EVENT! THANK YOU!!!



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FROM THE HELM

The Spirit of Christmas in Niguel Shores

At the holiday season, Niguel Shores transforms into a vibrant display of Christmas spirit, bringing our community together in celebration and joy. The twinkling lights adorning homes, festive decorations, and cheerful gatherings create an atmosphere that embodies the warmth and camaraderie we cherish in our neighborhood.

Every year, I am reminded of how special our community is during this time. Whether it's neighbors helping each other string lights or the shared laughter at holiday gatherings, Niguel Shores truly shines as a place where the spirit of giving and togetherness thrives. This sea-

son is an opportunity to connect with one another, whether by extending a helping hand, sharing a kind word, donating a toy or gift card to cheer someone, or simply appreciating the beauty of our surroundings.

I encourage everyone to take part in the many festivities and traditions that make this season so magical. Let's support our local charities, participate in holiday events, and, most importantly, be there for each other.

Thank you for making Niguel Shores such a wonderful place to call home, not just during the holidays but throughout the year. Wishing you and your loved ones a season filled with peace, joy, and lasting memories.

-Mark Russell, NSCA President



Looking Forward to 2025

We are planning projects for the coming year to maintain and improve the common area. Here is some of the work that will be completed.

We will be doing **street seal coating** on sections of Garibaldi, Porto Allegro, Porto Bello, Porto Cristo, Porto Fino, Porto Nuevo, Via Capri, Vista Grandi, Vista D'Oro, Gourami Bay, Mercator Isle, Nauticus Isle, Amundsen Bay, Atlantic, Bothnia Bay, Casandra Bay, Coral Bay, Danzig Bay, Ionian Bay, Kara Bay, Marmara Bay, Taranto Bay, Tasman Bay, Bluehill Bay, Colmia Bay and Timor Bay.

We will be **milling and overlaying** sections of the street surfaces of Porto Verde, Abalone, Cockleshell, Dasya Cir., Dosina, Gelidum Cir., Padina Cir., Spindle Cir., and Vista D'Onde.

We have **concrete repairs and replacements** planned for sidewalks damaged by tree roots and ground shifting. We are continuing the **slope repairs** on Windjammer and Brigantine. We will replace a section of the **perimeter wall** along Selva that has failed.

The Board will continue to review and assess the need for new tree planting and removals throughout the community on an annual basis. These projects will be funded through the Association's reserve funds. The Board is committed to maintaining the common areas in first-class condition to maintain property values in the community.

Best Wishes for Your Holidays from the NSCA Staff.

—John Muller

ARE YOU A NEW RESIDENT?

We like to welcome new residents in the Seashore News. We ask your permission to do this by filling out your name and neighborhood on this form and returning it to the office or



emailing your information to us at seashorenews@hotmail.com.

NAME(S)

NEIGHBORHOOD

(Villas, Sea Terrace I, Sea Terrace II, Garden Homes, Berkus Homes, Broadmoor Homes, Custom Homes, Breakers Isle Homes)

Thank you from the Seashore News Staff!



ARCHITECTURE COMMITTEE

2024 Review

It's been a busy construction year in Niguel Shores for the Administration Office and the Architectural Committee. Activity between January 4 and November 8 of 2024:

- 133 Final Applications approved
- 17 Remodel Applications approved
- 7 Applications disapproved
- 7 Remodel Applications currently under review

Why the Process?—It's important to note that every exterior modification requires a review, even though it may be a seemingly small project behind a gate or a wall.

While this may seem trivial, it works to keep the organized theme of each area of the community intact, maintaining the all important ocean views and privacy of existing homes when structural changes occur around them.

Over the decades each of the tracts in Niguel Shores were built by a different developer—each with different lifestyle characteristics and an overall design compatible with the envelope of the lot sizes.

When a structural modification is requested, especially a complete remodel, an important consideration is the compatibility of its design with the original concept of that particular neighborhood. The approval process was implemented to ensure that a project is evaluated in comparison with homes in that same neighborhood.

The few remaining residents who purchased homes here in the 1970s will testify a measure of control has been necessary to maintain and improve the lifestyle we enjoy in Niguel Shores.

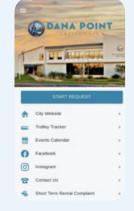
FYI – YOUR PHONE CAN HELP

Your cell phone has a built-in ability to call for help in

emergencies. Even if you are out of battery charge or in a spot with no cell service, you can still dial 911 for help.



You can connect to our city, request information, or report a problem. Go to the App Store on your phone and get REPORT TO DP.



Another reason for the application process is to correct non-conforming construction that occurred in the past. This includes property line violations, slope encroachment, or other oversights that must be corrected when those residences apply for a change.

Design Workshop—Our Design Workshop is a perfect way to eliminate roadblocks and guide you through the process early on. Contact Karen Decker in the Administration Office at (949) 493 0122 with any questions you may have.

Exterior Modification Forms—Application forms for exterior home modifications can be found on our community website niguelshores.org. At the top of the home page, select "Forms" and then under Architectural Committee Forms, select the appropriate exterior modification form (Preliminary Application, Change Order Application, Final application).

—Mike Stively

RECREATION COMMITTEE

Happy Holidays to all from your Recreation Committee! Thank you for sharing in our fun events throughout the year. Save room on your calendar for just a few more.

Christmas Market—Sunday, December 8, 12:00 to 4:00 p.m. Bring family and friends to our annual Christmas Market at the NSCA Beach Bluff. Browse 40 booths of unique merchandise. Take pictures with Santa Claus. Enjoy cookies, carolers, food trucks, and snow! Everyone welcome at this jolly event!

Holiday Lights Contest. Start decorating the day after Thanksgiving on November 29, and light up Niguel Shores.

Holiday Lights Contest Judging—December 13. The top three streets with the highest percentage of lighted homes will win a holiday soiree with neighbors.

—Recreation Committee

TRAFFIC AND SAFETY COMMITTEE

Dogs in the Community

Being a dog owner comes with a lot of joy, but it also comes with responsibilities. In a community like ours, where we share the paths and greenbelts with others, one of the most important responsibilities is picking up after your dog. While this may seem like a small task, it has a big impact on the environment, public health, and your community. Here's why it's essential, and how it benefits everyone.

Why It's Important to Pick Up After Your Dog

- Public Health—Dog waste carries harmful bacteria, parasites, and viruses that can spread diseases to humans and other animals. Picking up after your dog reduces the risk of disease and keeps public spaces safer.
- Protecting the Environment—Left unchecked, dog waste can wash into storm drains, polluting waterways and harming wildlife. Cleaning up after your dog helps keep the environment clean and prevents water contamination.
- Respect for Your Community—No one wants to step in dog poop, and leaving waste behind can make neighborhoods and parks less enjoyable for everyone. By picking up after your dog, you show respect for your neighbors and help keep public areas clean.
- Preserving Dog-Friendly Spaces—Failure to clean up after your dog can lead to stricter regulations or even the loss of dog parks and other pet-friendly spaces. Responsible dog ownership ensures these spaces stay available for everyone to enjoy.

—Traffic & Safety Committee

Hang up the holly, light the candles, enjoy the holiday season, and see how many of these memories ring silver bells for you!

- * Playing a Shepherd or an Angel in a Christmas pageant
- * Attending a Nutcracker performance
- * Reading A Christmas Carol
- * Watching A Charley Brown Christmas or other holiday specials
- * Baking sugar cookies topped with lots of sprinkles
- * Reciting Twas the Night Before Christmas
- * Hiking to gather pine cones and greenery
- * Making ornaments from felt and sequins
- Sending holiday greeting cards
- * Hunting for the perfect Christmas tree
- * Caroling house to house
- * Arranging tinsel Mom's special way
- * Putting the star on the treetop
- * Writing a letter to Santa
- ***** Singing Frosty the Snowman
- Lighting Menorah candles each night
- * Making gifts we knitted, crocheted, or sewed

- ★ Touring the holiday lights
- * Building a Gingerbread House
- * Knowing the words to Rudolph the Red Nosed Reindeer
- * Wondering if Santa will find our house
- * Wishing for a new bike
- * Waking up sooooo early on Christmas morning
- * Pulling treasures from a stocking
- * Spinning a Dreidle
- * Feeling joyful giving a gift
- * Attending worship services
- * Enjoying the warmth of candles aglow and a fire on the hearth
- * Hearing beautiful carols sung by a choir
- Singing Silent Night near the holy infant's manger
- * Enjoying a traditional holiday meal with family
- * Phoning faraway loved ones
- * Traveling to visit family and friends
- * Remembering dear people and times from the past
- Sharing good times with those we care about the most

WOMEN'S CLUB

Feeling gratitude and not expressing it is like wrapping a present and not giving it.

-William Arthur Ward

Holidays are a time to find gratitude in life's many blessings—and one of these blessings is living in Niguel Shores. Not only do we reside in a beautiful beach community, but we live amongst wonderful neighbors and have events and clubs, such as our Women's Club, that provide opportunities for new friendships to develop and grow.









New members were welcomed at a mixer in October and our luncheon in November.

NIGUEL SHORES WOMEN'S CLUB HOLIDAY PARTY

Thursday, December 12 6 to 8:30 p.m. Niguel Shores Clubhouse

Women's Club and Men's Club members and a guest are invited.

Good Food, Drinks, Music, Games, Prizes and a Photographer!

Women's Club: Please bring a Hearty Appetizer to share.

Men's Club: Please bring wine, beer, or seltzer.

Delicious Desserts and Plentiful Drinks provided by Women's Club.

Tickets \$10 per person.

Ticket pre-sale starts December 2
in Niguel Shores office.

Space permitting, tickets
also available at the event.

If you wish, bring an unwrapped toy for children of our local Marines.



Our **New Member Mixer** in October provided a chance for new and current members to mingle. **Carla Perin** and **Adrienne Ruben** planned the event, created an amazing spread of charcuterie, drinks and treats, and decorated in a Halloween theme with witches and pumpkins. President **Laurel Yocca** spoke to the group and shared what makes the Women's Club so special to our neighborhood. Thank you to the many women who have taken on leadership roles in the Women's Club to provide social activities and events, education, hospitality and comfort to other members. Special thanks to **Dot Wall** for

Women's Club Social Activity

WALK TO THE RITZ Tuesday, December 3

4:30 Meet at the Niguel Shores Cabrillo Gate



We will walk to the Ritz

Carlton, enjoy the beautiful tree, decorations, and lights, then head to the hotel bar to toast the holiday season!

Questions: Cathy (949) 903-9966, Gigi (508) 259-4014, Karey (949) 330-3450

taking charge of hospitality, always wearing a welcoming smile; **Rita Rudner** for generously donating proceeds of her book sales to the Women's Club towards our philanthropies; **Leslie Moore** for setting up, maintaining, and helping others "connect" on the club's *shoreswomensclub* Instagram.

At our November meeting, **Joy Baseluos** from **Rise Against Hunger** explained how this organization works worldwide to fight hunger in communities with high rates of food insecurity. For more information on this wonderful organization, please refer to *riseagainsthunger.org*.

Holiday Festivities

The Women's Club will be celebrating the holidays in December with a Walk to the Ritz on December 3 and our 2024 Annual Holiday Party on December 12 from 6 to 8:30 p.m. See the announcements on page 6 for more information.

The Women's Club wishes everyone a beautiful holiday season filled with many blessings.

-Karey Palmer

MEN'S CLUB

November Recap

November was a fun and intellectually stimulating time for the 100-plus members of the Niguel Shores Men's Club. We enjoyed two morning meetings following our traditional schedule. The membership is still contemplating alternate scheduling for 2025, which may include a few evening events to substitute for one or more morning meetings. The Men's Club Board is considering an online survey and a membership vote on this topic.

Our first November meeting took place on Election Day. The featured speaker, **Isaiah Douglass** of **Swan Bitcoin**, spoke non-stop about Bitcoin and cryptocurrency. We all learned much from this Certified Financial Planner. Some of us went home and got on the internet to study *The Bullish Case for Bitcoin* by V. Boyapatti, recommended by Mr. Douglass. A few really smart audience members called their brokers and bought Crypto as soon as our meeting adjourned. As you may know, Crypto started an upward trajectory while Mr. Douglass was talking that hasn't stopped yet. A tip of our ball cap to Club VP **John Yocca** for recruiting and scheduling Mr. Douglass. Nicely done, John.

At our second November meeting, we enjoyed a fine breakfast prepared by our own Chis/Wall Breakfast Team, then heard from **Deborah Diep**, Director of the **Center for**

IN MEMORIAM

Blair McDonald

September 5, 1934-November 3, 2024 Longtime resident on Gourami Bay

President of Niguel Shores Men's Club Member of Men's Golf Team

Blair is survived by his wife Irene, three daughters, and six grandchildren.

He is remembered with love by all his family.

Demographic Research at Cal State-Fullerton. The Center specializes in the demographics of Orange County. Boy did we have a lot to learn.

December Events

This month, the Men's Club hosts our final morning meeting of 2024 on **December 3**. As is our tradition, we welcome the **Dana Hills High Choir** to join us for breakfast and serenade the group with Christmas Carols. Our wives and significant others are also invited to join us for breakfast and the fun performance. After the Choir's performance, our President, **Geoff Dunlevie**, will take a few minutes to recognize and reward the ongoing contribution to our quality of life in the Shores by our highly regarded Maintenance Staff, headed by Bob Everson. Thank you, gentlemen, for your fine work.

No more Club meetings this year, but our friends in the Women's Club are inviting us to their **Annual Holiday Party** on **Thursday, December 12** at **6:00 p.m.** in the Niguel Shores Clubhouse. \$10 per person ticket presales are available in the office, or tickets can be purchased at the door. Men's Club attendees are encouraged to bring beer, wine, or hard seltzer to share. The hosts will provide all the food and other goodies. Should be fun, especially if you dress in the spirit of the season. We are all looking forward to this big holiday social event.

That should serve as the grand finale of 2024. Looking forward to more fun, fellowship, and mental stimulation in 2025. Happy Holidays. Merry Christmas.

—Tim Moore

GARDEN CLUB

Holiday Party—Celebrate the season at our Annual Holiday Party (a potluck) on Monday, December 16, at 11:00 a.m. in the Clubhouse. Members are asked to bring an appetizer, salad or dessert. Those wishing to participate in a gift exchange should bring a gardenrelated gift valued at around \$20.

Toy Collection—The club is partnering with both the Men's and Women's Clubs in gathering toy donations for the children of Marines at Camp Pendleton. Members wishing to participate are asked to bring an unwrapped toy(s) or gift card to our December meeting.

Forget-Me-Not-We extended our friendship and holiday remembrance by donating Forget-Me-Not ornaments, created by our members at our November meeting, to seniors in the Dana Point Senior Meals-On-Wheels program at the Dana Point Community Center. Francine Stout and Chris Daley guided members in making the garden related ornaments.

Looking Forward—We will begin the New Year at our January 20 meeting at 11:00 a.m. in the Clubhouse. Our guest is Beekeeper Bev Krassner-Bulas, who will speak to the importance of bees for a healthy planet and what we can do to insure their survival.



Members create holiday ornaments for DP Senior Center.

New Members Welcome—We always welcome new members to the Garden Club. Membership is open to all residents of Niguel Shores. You do not need to be a gardening expert to join. Our meetings are varied and may comprise a speaker, workshop, garden related projects or a field trip. Refreshments are served at each meeting. Dues are \$25 per person per year, and \$5 per guest visit. To join, sign-up forms are in the Niguel Shores office. Please contact **Sandi Stauffer** at *sandistauffer@comcast*. net with any questions. We hope that you will join us.

—Judi Palladino

ACTIVITIES

BRIDGE

Spirit of the Season

I had written two and half pages on the meaning of Christmas, but after my wife read it, she shortened it to this: Christmas is almost upon us. It is a time of goodwill to all. Remember the famous line from A Christmas Carol, "God Bless Us Everyone!"

Our Winners

October and November brought new winners in our weekly Bridge Club Games.

- **October 16:** Terry Liebman showed us what it takes to make first place; Mike Oliva was over a thousand points behind him to squeak in second; Sandy Nelson slid in closely to secure third.
- October 23: Betty French, our fearless leader, came in first; Terry Liebman had to settle for second; Bob Ruben was a close third.
- October 30: John Shaw, who is leaving us for Chicago, came in first; Bill Imbriale, who is staying here,

- came in second; Linda Dinn, a close friend of John Shaw, pulled into third and she too is leaving, going back to the windy city. Word is they are coming back in January!
- November 6: Terry Liebman, who keeps winning regularly, is holding on to first; Lanny Barnard, who is returning to Utah, captured second; meanwhile back at the club, Maria Girard took third.
- November 13: Patty Hollis, this year's most improved player, stormed into first place; Jim Pinola reserved second place soundly; Bill Imbriale slid down to third.

Please remember to sign in for the coming week and remember we now start at 10:30. If you are interested in playing, please call Bob or Betty French at (949) 312-2556 or visit us on Wednesdays at 2:00 p.m.

Merry Christmas and Happy New Year!

—Bob and Betty French -Mike Oliva

PAGE TURNERS

We do not read a book as a group in December. Instead we have our bi-annual joint meeting to socialize and just have fun. All three groups will meet December 19 at 1:00 p.m. to enjoy a host of "goodies" baked by various members and engage in various activities that will include a blind book exchange. That activity always gets very interesting as there is a lot of "stealing" and furtive hiding of popular books which the current holder of the book wants to keep from being given up!

Our book club consists of three groups. One group meets the fourth Monday afternoon of the month and the other two groups meet, separately, the fourth Thursday afternoon of the month. If you are



Page Turners group leaders meet to plan the December holiday party.

IN MEMORIAM

Jimmy Lloyd

September 9, 1992 - October 26, 2024

Niguel Shores resident on Timor Bay since 2013

He loved the ocean and his trips to the Bluff for sunset.

> Predeceased by his father Jim.

Survived by his mother Sue, brother Jeff, and his Labrador Ruby.



thinking of joining a book club, we welcome your inquiries. For the Monday group, please contact me at fozimec@cox.net and for the Thursday groups contact Steve and Ann Morris at samwrsi@cox.net or Lisa Buchner at lisbuchner47@gmail.com. See this space next month for information on the book we will be discussing in January, The Heaven and Earth Grocery Store by James McBride.

—Frances Ozimec

SPORTS

TENNIS

We are again in the holiday season here in the Shores. The newly surfaced courts are open and are wonderful. Our community should be very proud of the new amenities. Penni and I would like to give the Amenities Committee a big Thank You for your efforts in making these new improvements possible.

Penni, myself and the tennis players of the Shores wish all our residents a big Merry Christmas. Remember, keep your racquets moving and "Live Life Happy, Wild and Free."



Merry Christmas from Don and Penni

—Don Baer

PICKLEBALL

Courts Open

Well, we have good news. The pickleball courts have been resurfaced and are once again open for play. Hope our good weather continues and we can get lots of games in before the holidays are upon us!

Party Time!

The annual Pickleball Holiday Party will be held this year on Wednesday, December 11 from 5:30 to 8:30 p.m. in the Clubhouse. If you are interested in attending and haven't already signed up for the email list at niguelshores. pb@gmail.com, please do so and keep up to date on all our activities.

Hope to see you at the party and on the courts!

—Barb Barber

Artists Among Us

These cheery greetings come from **Gay Powers** who enjoys creating personal cards for family and friends at Christmas. Gay has been a Niguel Shores resident for more than twenty years. She raised three sons and a daughter here on Windjammer Drive right above the park. Her family now has grown to include two granddaughters and another grandchild on the way.

Gay is a faithful member of the watercolor group who paint together weekly at

> the home of Meg Wilson. As you can see from her uniform in the pictures, Gay comes directly to the

gathering from the hospital where she is a medical social worker. She also does volunteer work in our Dana Point community as well as providing online patient therapy.

When asked about her interest in painting, Gay said she has a family connection to art through

her mother, who painted in oils doing portraiture. Gay's Christmas cards and other projects are delightful fun art work inspired by her internet search for topics and watercolor instruction.

For anyone interested in participating in the watercolor group, they meet on Monday evenings at 6:30 p.m. All levels invited. The group expects no prior skill and the choice of subject is up to the artisan. Materials are available for newcomers to try, or you can bring your own. Send an email to seashorenews@hotmail.com for more information.





shine







-Meg Wilson







NEIGHBORHOOD NEWS

Our NSCA Recreation Committee is always at work planning community events like the upcoming Christmas Market at the Bluff on December 8 from Noon to 4 p.m. In addition, Niguel Shores residents are also great at finding their own ways to gather for recreation,

community work, charity, and fellowship. Last month, a large group of friends met for the Niguel Shores 4th Annual Turkey Day 5K. This month, our community is invited to participate in a Toy Collection for Marine Families.

4TH ANNUAL TURKEY DAY 5K







families and friends have celebrated on Thanksgiving morning with a walk/run through the Shores, down PCH, and back to the Bluff for potluck refreshments and awards. Beginning with five families during COVID, the **Turkey Day 5K** concept started as a small, non-competitive, dog and stroller friendly alternative to get fresh air and fitness. Now in its fourth year, the Turkey Day 5K numbers have grown much larger but the intent is still fun, fitness, and fellowship. Participants wear logo T-shirts, festive tutus,

socks, hats, and costumes, and medals are awarded with lots of laughter and cheers. This year's event sports a pink logo with some of the registration proceeds helping young friend Jackie Kelly's battle with cancer. **Carey Smith,** one of the organizers, writes, "The course map has been tweaked throughout the years, and more Niguel Shores friends and families have joined the fun, but the potluck at the finish line continues as a great way to ring in the turkey day holiday in the morning before everyone goes separate ways to give thanks and enjoy a meal with family or friends."

TOY COLLECTION FOR MARINE FAMILIES

Marine Corps League South Coast Detachment 22 in a Toy Collection for Marine families at Camp Pendleton.

Tina Fornadley, your Niguel Shores neighbor and a longtime volunteer with the League says, "We owe so much to all the servicemen, servicewomen, veterans and their families who give so much for our freedom. It is an honor to volunteer with the Marine Corps League South Coast Detachment 22."

In the holiday spirit this month, our Women's Club, Men's Club, and Garden Club are joining Tina in helping to collect new, unwrapped toys for Marine children and gift cards for single Marines who are often alone at the holidays. A donation box is located in the Clubhouse Lobby where everyone can drop off donations from now through December 17.

Check out all the charitable work of Marine Corps League South Coast Detachment 22 at *marinecorpsleaguesouthcoast.org*. Over the years, the organization has helped Marines and Marine veterans with medical bills, homelessness, scholarships ... the list goes on. Tina reports that the League's lastest golf tournament at Tijeras Creek provided active Marines the chance to play and enjoy dinner free. In addition, the group presented a check for \$15,000 to help a veteran whose son is fighting cancer. At their previous golf tournament, two double amputee veterans were given \$5,000 each.

Tina is shown in the photo above with **Nelson Coburn**, Commandant of Marine Corps League, and several women

and men Marines who picked up toys that Niguel Shores donated last Christmas.

This year, on December 17 at 10:00 a.m., a group of

Marines and Marine veterans will again be at the Niguel Shores Clubhouse to say "Thanks" for your donated toys and gift cards. You are invited for refreshments and to show appreciation for their service.





SEASON OF GIVING ... TO PANHANDLERS?

uring the holidays, we are thankful for what we have and want to help those less fortunate, but what is the best way to do this? Should we give a quick handout for the short term, or should we donate to an organization that assists those in need instead? There are pros and cons to whichever decision we make. Hopefully, the following ideas may help to decide.

Root cause issues—Giving directly to an individual does not address the root cause of their problem such as housing needs, mental illness, addiction or systemic poverty. Supporting organizations that address these issues can be an effective way to promote lasting change because they offer long-term solutions such as job training, housing assistance, mental health services, and access to health care.

More effective resource allocation—Because organizations and non-profits can make donations go farther through bulk purchasing, partnerships, expertise, and both public and private funding, your dollars can help more individuals.

Potential for enabling—Some panhandlers may be in a vulnerable or volatile state, and a handout of cash may unintentionally enable behaviors that are not conducive to recovery or long-term solutions. Our cash may fund an addiction or encourage a continued reliance on panhandling and avoiding professional help. Out of kindness, we might offer cash but it may be more beneficial to seek out organizations that provide wider solutions.

But—Not all panhandlers are homeless or dealing with addiction. Some may simply be in a tough situation due to temporary factors, unexpected expenses, or just the high cost of groceries. While organizations are a good source of assistance in the long term, we may be able to help with someone's immediate needs such as providing a meal, some groceries, or filling their gas tank. It is generally considered better to offer needed items instead of cash. We can carry a few of these in the car to give out (water, non-perishable food, clothing, hygiene products, a toy, a book). Another good option is to volunteer at a local organization, shelter or a nonprofit. We can also advocate for systemic change by supporting public policies that address issues of concern.

A Personal Decision—It is ultimately a personal decision about how to make the most impact for those in need. If we choose to give directly, we do so with compassion and the understanding that we are making a gesture of kindness even if it doesn't fix all the challenges an individual might be facing. The box below contains a list of Orange County Organizations suggested by the city of Dana Point that you may want to consider supporting in a manner best for you.

—Jenny Rose

INFORMATION HELPLINE

Dial: 2-1-1 or (888) 600-4357 - 24/7 Visit: www.2110C.org

Information, referrals and assistance to food, shelters and human services with a comprehensive, updated database.

EMERGENCY SHELTERS

Hotline: (877) 854-3594 | humanoptions.org Laura's House - Domestic Violence Hotline: (866) 498-1511 | laurashouse.org Armories - Seasonal Only (Mercy House) Fullerton and Santa Ana Locations (714) 836-7188, ext. 131 or 105 | mercyhouse.net.

Friendship / Emergency Shelters (949) 494-6928 | friendshipshelter.org

HOMELESS TRANSITIONAL LIVING

Gilchrist House (Women / Women + Children) (949) 492-8477 | family-assistance.org Terra Nova / One Step Ministries (Single Parents) (949) 458-2425 | onestepministry.org Mercy House (All Ages / Needs) (714) 836-7188 | mercyhouse.net

Orange County Rescue Mission (714) 247-4300 | rescuemission.org

OC Gateway to Housing (Families) (949) 631-7213 | ocgatewaytohousing.org

HOUSING / FOOD & CRISIS INTERVENTION

Family Assistance Ministries (FAM)

Services: Food pantry, housing, emergency assistance, case management, satelite sites. 1030 Calle Negocio, San Clemente (949) 492-8477 | family-assistance.org

Families Forward (Families Only)

Services: Housing programs, food pantry, case management, counseling. 8 Thomas, Irvine

(949) 552-2727 | info@families-forward.org families-forward.org

Serving People In Need (SPIN)

Services: Move-in funds for rapid rehousing, case management, street services and

151 Kalmus, Suite H-2, Costa Mesa (714) 751-1101 | info@spinoc.org spinoc.org

South County Outreach (SCO)

Services: Housing, food pantry, homelessness prevention, support services. 7 Whatney, Suite B, Irvine (949) 380-8144 | sco-oc.org



YOUTH HOMELESSNESS **AND SERVICES**

Stand Up for Kids - Orange County Street outreach, mentoring, case management (714) 356-5437 | standupforkids.org/orangecounty

Casa Youth Shelter - Los Alar 24-Hour Hotline: (800) 914-2272 Office: (714) 995-8601 | casayouthshelter.org

Community Service Programs - Santa Ana Youth Shelters / Emergency Support (949) 250-0488 | waymakersoc.org

Build Futures - Hunti Homeless Housing for ages 18-24 (714) 907-7358 | buildfutures.org

Project Hope Alliance - Costa Mesa Housing / services for children and families (949) 772-7863 | projecthopealliance.org

CRISIS HOTLINES

National Domestic Violence (800) 799-7233 | thehotline.org National Runaway Safe Line (800) 786-2929 | 1800runaway.org

Suicide Prevention (800) 273-8255 | suicidepreventionlifeline.org

National Human Trafficking Hotline (888) 373-7888 | humantraffickinghotline.org Text "HELP" or "INFO" to 233733

National Center for Missing & Exploited Children (800) 843-5678 | missingkids.org

Children of the Night Rescue (800) 551-1300 | childrenofthenight.org

DOMESTIC ABUSE & PREVENTION

Laura's House - Program Services Hotline: (866) 498-1511 | laurashouse.org Human Options - Program Services Hotline: (877) 854-3594 | humanoptions.org

MENTAL / BEHAVIORAL HEALTH

OC Healthcare Agency / Adult Mental Health 5 Mareblu, Aliso Viejo - (949) 643-6901 ochealthinfo.com/bhs

Mission Viejo - (949) 364-1400 Laguna Beach - (949) 499-1311

mission4health.com

South County Family Resource Center 22481 Aspan St, Suite B Lake Forest (949) 364-0500 | socfrc.org Western Youth Services (Primarily 18 and under 26137 La Paz Rd, Mission Viejo - (949) 595-8610

westernyouthservices.org OC Links - Information & Referral (855) 625-4657 | ochealthinfo.com

National Alliance on Mental Health (NAMI)

(800) 950-6264 or Text "NAMI" to 741741

SUBSTANCE ABUSE

OC Healthcare (Alcohol & Drug Abuse) (714) 954-2900 | ochealthinfo.com/bhs

Substance Abuse/Mental Health Services Administration (800) 662-4357 | samhsa.gov

Wellness - Happy Holidays for Some, Holiday Blues for Others

I hung up the dish towel and deemed the kitchen clean enough. The kids slept in their rooms, my husband had headed upstairs, and even the cat had called it a night and was purring sleepily on the couch. The house was quiet except for the dog snoring on her bed.

On that December night many years ago, I ducked outside for a few minutes by myself to take in the twinkling star-filled heavens above. It had been a cold windy

day, which left the sky crisp and clear. Due to the late hour, and also because there were fewer lights here then, the sky was darker and I was awed seeing all the brilliant stars. Beautiful!

Being out there in the dark and cold conjured up memories of many Decembers gone by, and how my family would celebrate the holidays over the years with

lights, music, cookies, and so many favorite traditions. I remember that backyard moment under the starry skies to this day.

My memories were happy ones, but for some of us, the holidays aren't necessarily a very happy experience. When everyone is giddy with holiday cheer and you aren't feeling it, life can be tough.

Feeling sad or alone at this time of the year is not uncommon and, according to several studies, is on the

9

rise. The stress to be cheery, give the right gift, and have the finances to do so can be overwhelming. Knowing that you're supposed to look happy

even when you don't feel like it usually results in feeling lonely and isolated. Imagine the stress of gathering around the table with people you may not really enjoy, but because you are expected to, you do it anyway.

In fact, exaggerated expectations during the holidays are often the underlying cause of feelings of inadequacy and depression. Also those who suffer from mental health problems year-round feel this even more

acutely. Physical manifestations of the holiday pressure are also more prevalent, with heartburn and heart attacks leading the way. We all tend to eat more, drink more, sleep and exercise less, and become dehydrated—none of which is good for our overtaxed holiday bodies.

This holiday season, take care of yourself. Nourish and hydrate

your body properly, get enough sleep, keep moving, and when asked to volunteer for the myriad holiday events, remember what Anne Lamott said when I heard her speak: "No is a complete sentence." We can politely say, "No, thank you." (After all it is the holidays!)

If you know someone who's suffering from the pressures of the season, reach out to them. Give a call, have a cup of tea together, gain some perspective. The positive effects go both ways: By extending your thoughtful concern and friendship, you lend support to someone in need; and by caring for yourself, you can give even better care to those who will benefit from your love and kindness—and that's the best holiday gift of all!

To Your Health! Sharon Stewart RN, Wellness Coach, Sharon@SharonStewartRN.com

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PET OWNERSHIP BY THE NUMBERS

More Owned Pets Than Ever Before

- 78% of pet owners acquired pets during the pandemic
- 67% of American homes include a pet
- Pet ownership has increased more than 20% since 1988
- 95% of American pet owners consider their pets to be family members
- 35.7% of households own cats; 53% of households own dogs (However, there are more cats than dogs as the average number of cats in the home is more than 2 and the average number of dogs is less than 2.)
- 4.5% of households have another type of small animal as a pet

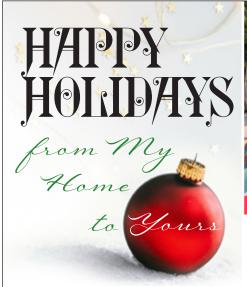
Pets by Generation

- 35% of pet owners are Millennials (born 1981–1996)
- 32% of pet owners are Generation X (born 1965-1981)

- 27% of pet owners are Baby Boomers (born 1946-1964)
- 6% of pet owners are in the Silent Generation (1928-1945)

Millennials and Veterinary Care (from a Banfield study October 15, 2016)

- 77% of Millennials have a more favorable view of their veterinarian if they discuss the health benefits of the human-animal bond
- 25% of Millennials talk to their veterinarians about the health benefits of pet ownership
- 92% of Millennials are as concerned about their pet's health as they are their own health
- More Millennials would rather spend time with their pet than with their spouse, parents and friends, combined.
- 86% of Millennials would risk their own life to save their pet





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4 Bedrooms, 2.5 Baths | Approx. 3,538 Sq. Ft

The Kite Hill home with the largest floor plan boasts a private pool/spa. fruit orchard, English pub-style bonus room, steam room, and a luxurious primary suite. This dream home offers numerous upgrades, including paid solar, newer HVAC, and remodeled kitchen and baths



OFFERED AT \$2,100,000

33682 HALYARD DRIVE, DANA POINT

2 Bedrooms, 2 Baths | Approx. 1,499 Sq. Ft.

This turnkey Niquel Shores beach cottage offers a single-level, low-maintenance lifestyle. The home features a versatile bonus room, a private backvard with a sna and fruit trees, a modern kitchen, and undated hathrooms



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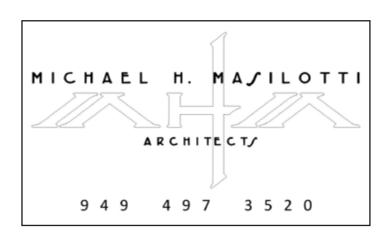


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New Construction Remodel Room Additions







MARKET UPDATE



ACTIVE LISTINGS

The active listing inventory in the past couple of weeks decreased by 124 homes, down 3%, and now sits at 3,516, its lowest level since mid-Aug and its largest drop of the year. In Oct, 21% fewer homes came on the market compared to the 3-year average before COVID (2017 to was 2,139, or 47% more. 2019), 743 less.



DEMAND

Demand, the number of pending sales over the prior month, decreased by 114 pending sales in the past two weeks, down 7%, and now totals 1,458. Last year, there were 1,223 pending sales, 16% fewer. The 3-year average before COVID (2017 to 2019)



MARKET TIME

With demand falling faster than supply, the Expected Market Time, the number of days to sell all Orange County listings at the current buying pace, increased from 69 to 72 days in the past couple of weeks. The 3-year average before COVID (2017 to 2019) was 85 days, slower than today.



CLOSED SALES

1,622 There were residential resales in September, 2% compared September 2023's 1,647 and down 14% from August 2024. The sales-to-list price ratio was 98.9% for Orange County. Foreclosures accounted for 0.1% of all closed sales, and there were no short sales.





Chris & Kathy Zoch

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