

# Seashore News



August 2010

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Issue 441

## INDEPENDENCE DAY CELEBRATION 2010

by Nancy Tinnes

This year's Niguel Shores July 4 celebration was the largest in attendance of the 7 years (2004–2010) that I've had the honor of helping to organize. Patriotic music played as the Marine Corps 5th Division Color Guard raised our American flag with military honor, followed by our local scout troop raising our California state flag.

Once again, our local Dana Point Fire Department brought Engine 30 to lead our Patriots Parade of more than 350 residents and friends. Decorated autos, golf carts, bikes, scooters, strollers and pedestrians paraded throughout the neighborhood decked out in their finest red-white-and-blue. Meanwhile, dozens of volunteers from our Men's Club prepared and served their famous pancake breakfast ... teamwork at its finest! The Women's Club followed shortly after with their hot-dog lunch ... a Niguel Shores favorite!

Fun-and-games, face-painting, balloon-artistry and temporary-tattoos were the order of the day at the Commu-

nity Center park, and enjoyed by all. My sincere thanks go out to all of the volunteers who really made the fun-fest possible. Then it was down to the beach to participate in the sand-sculpting contest, made more difficult by the very high tides this year (Contest winners are shown in the next article). Shortly after the awards presentation at the Beach Bluff park, residents and their guests began to assemble on our bluff for the traditional barbecue. As always, the Men's Club volunteers stoked the fires, and every manner of BBQ meal was prepared al-fresco. The D.J. got the bluff-top rockin' once again! Check out the hundreds of photos of the day's events taken by Gary Tinnes which are viewable under the Recreation Tab on our community website: [www.NiguelShores.org](http://www.NiguelShores.org) and on page 3 of this issue.

My sincere thanks to our office staff and maintenance staff; we are truly blessed to have you all!! Party on!... In Celebration. ■

## WELCOME HOME FROM AFGHANISTAN

by Karl Kuhn

Join me in welcoming home a member of Niguel Shores who just returned from 10 months in Afghanistan. My neighbor on Colima Bay, Commander Britt Bohn, was a member of the Combined Joint Special Operations Task Force in Afghanistan. In the June 2009 issue of the *SSN* there was a picture of Britt, his wife Lori and their two children by a tree on our street that we had wrapped a big yellow ribbon to remain there until his return. While the ribbon unfortunately disappeared early this year we can all say welcome home, Britt, and thank you for serving this great country. While Britt's family is happily together again with his return, there are many troops still in harms way. Our prayers for a safe return to their families go out to them. ■



## Sandcastle Results

It was a wonderful day! It really is the best day in the Shores and we really appreciate everything that you, Nancy, do to get ready for it!

### RESULTS ARE AS FOLLOWS:

**Family Winners:** *1st Place*—The Auld Family

*2nd place*—The Ellis Family

*3rd Place*—The Fisher Family

**Ages 11 to 18 years:** *1st Place*—Cole Schamber

**Ages: 10 & Under:** *1st Place*—Caroline Meredith

*2nd Place*—The Beach Bums Reese McCarter

and Olivia Ackerman. Tie for *3rd Place*—Maisie McPherson, Caroline Lavayan and Rylee Cook.

*3rd Place*—Stella Starfish

**Judges:** Colleen McNaught, Laura Beresford, Chelsea Wilder

It was a blast and all of the kids were cute.

—Lori McNaught



[01] Laguna Beach \$13,900,000  
36 North La Senda  
Two homes on one ocean front lot on private bay adjacent to historic Griffith Estate. Main house finished in 2009, "Screen Writer's Cottage" restored on bluff. Three Arch Bay.

[02] Dana Point \$2,495,000  
32422 Seven Seas Drive  
Panoramic ocean vistas on private lot. Custom built in 1994. European design reflecting elegant yet relaxed lifestyle of the coast. Monarch Bay Terrace.

[03] Laguna Beach \$2,265,000  
406 Alta Vista Way  
Contemporary custom remodel with ocean views from all main rooms. Wrap around patio, hot tub and sauna. Come home to the resort feel. Very close to Victoria Beach.

[04] San Juan Capistrano \$715,000  
27921 Camino Santo Domingo  
Completely rebuilt in 2005-06 from the slab up, over 3,400 square feet. Great master suite, bonus room, room for pool. Near Ambuel Elementary School.



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# 4TH OF JULY 2010



Decorated Parade Car



Nancy & Matt (Uncle Sam) Tinnes



5th Marine Division Color Guard



Face painting



O.C. Engine #30



Ready to Go



Kid Games



D.P. Fireworks



Beach BBQ

 You can print out these pictures in COLOR from the N.S. web site.

## SEASHORE NEWS

A very tight publication schedule this month resulted in our missing some sections normally found in the *SSN*. From the Helm, From the GM, and Board Actions will return next month.

—The Editor

## MAINTENANCE

It takes more than a village to enjoy a successful July Fourth celebration. True, our village did provide a host of volunteers. Nancy Tinnes lead a group responsible for various tasks, the Women's Club asked several ladies to assist with hot dog sales, and the Men's Club had forty-seven guys preparing and serving breakfast.

But this is a Maintenance article. So congratulations to the village, but your celebration would not have been a success without the efforts of four dedicated maintenance guys. These men gave up a part of their holiday and time with their families to support our village celebration.

George Cooley's check list of things to do is too long to include in this article. Suffice it to say that there were forty-four specific items and many more on-demand items. Starting on Thursday with simple, but critical if not done, tasks such

as set up the helium tank, stock extra supply of paper towels, clean BBQ and BBQ utensils. Finishing on Monday with opening and cleaning the pool, opening the bluff, cleaning the ClubHouse and setting up for Tuesday morning Men's Club breakfast. Oh yeah, one last item, check the skunk traps. The skunks have a means to show their displeasure to the folks in Sea Terrace II if they are left in the traps to long.

Thank you George Cooley, Dave Smith, Frank Geck, and Dennis Cannon.

—Jack Christiansen

## RECREATION

You can see from the pictures and the note from Nancy Tinnes, chairman, what fun and success the July 4 was again this year. Have the fun and enjoyment of planning next year's celebration by being chairman. Nancy has given us 7 wonderful Fourth of July celebrations. Thank You Nancy.

**Friday Hot Dog Day:** 11:30 a.m. to 1:30 p.m. For \$3.00 you get a hot dog, chips, a cookie and water. August 6, 13, 20 and 27. Treats for everyone on Fridays for the summer.

**August 21:** *Band at the Sea*. 6 to 9 p.m. Listen to the sounds of the band *The Trip*. Bring your own food and



## Carol's Cuisine Corner

*Let's still do lunch in August with your company that is here. You may want to take some food to the beach and enjoy our wonderful bluff with family and friends. Let's look at some places that you can get take outs. Many of these I have told you about so think this as a reminder.*

**Tutor and Spunk's Deli** just down the street. 34085 Pacific Coast Hwy. Dana Point, 245-9008. Sandwiches with a variety of breads and fillings that everyone will enjoy and priced right. Salads to go with the sandwiches.

**Smokey's House of BBQ:** 32860 Pacific Coast Highway, Dana Point, 388-8102. They have take out plus eating there for lunch. A variety of salads and sandwiches and of courses the BBQ meats.

**Dana Kai:** 24050 Camino Del Avion, Dana Point. 489-8168, for you and your guests that like Japanese Cuisine they are open for lunch with specials. From 11:30 to 2:30 and dinner 5:00 to 10:00 with take out.

**Peking Dragon Restaurant:** 34171 Pacific Coast Hwy, Dana Point, 493-9499. 11:30 open for lunch. They have a menu for lunch with a nice variety for everyone, plus take out.

**Harbor Delicatessen:** 34667 Golden Lantern, Dana Point, 496-0424 For those famous overstuffed New York pastrami and

Reuben this is the place to go and they do have take out with a large variety of sandwiches, good soups and salads.

**Pizza:** I could list many dozens, so I will let you know some of my favorites.

**Izza:** 376 Camino De Estrella, San Clemente 248-4925 (not open for lunch)

**Sonny's Pizza and Pasta:** 429 N Camino Real, San Clemente, 498-2540

**Stella's:** 17 Monarch Bay Plaza, Dana Point, 234-2679

**Beach Cities Pizza:** 34473 Golden Lantern, Dana Point 496-0606 or 34155 Pacific Coast Hwy, Dana Point

**New place to enjoy next July 4.** For the best service, decorations and pancakes...The Niguel Shores Men's' Club pancake breakfast. Very well organized and the price is right. Thank you to everyone that made it possible. Again we are Lucky to live here.

*Enjoy the rest of your summer with your guests and family at the bluff. Bon appetite, Carol Yocum*

drinks. Enjoy the special night with friends for only \$10.00 per person, children free. Tickets in the office. A few tables to be reserved are left.

**September 23:** Kookie is back with a cooking class on Eggs Extraordinary, 11:30 a.m. to 1:30 p.m. Sign up now for \$35.00 in office. Recipes and tasting with hints to make several special egg dishes. Class is limited.

**September 30:** Tom Okeefe 11:30 a.m. to 1:30 p.m. A hands-on class to have fun with tomatoes, gazpacho, baked tomatoes. French tomato salad and wine to enjoy with the dishes, plus a light dessert. Cost is \$25.00 sign up in office. Class is limited.

**October 9:** Garage Sale. Yes, we heard you. Thanks to Nancy Tinnes and Suzanne Enis we will have a garage sale at individual homes. More details later...but start getting ready!!!

Do you want to be a part of our Holiday Boutique? We are planning one for November 17. Mark your calendar and if interested in having a booth, contact Alicia Martinez or Daniella Mills.

This committee is also thinking of more ways to entertain you and have you enjoy this wonderful community and meet new neighbors.

—Carol Yocum

## CLUBS

KARL KUHN, EDITOR

### GARDEN CLUB

Meet the new officers for 2010–2011 installed at the year-end Beach Bluff BBQ. From left: Diane Meadow, Secretary; Linda Koppang, Past President; Karla Sanders, Treasurer; Jerry Koppang, President; Gunjan Anand, Membership. Missing was Janet Dohner, Vice President.

**Reminder:** first meeting of our new term is September 20, 12:00 noon. Enjoy your cooler coastal summer.

—Linda Koppang



### MEN'S CLUB

At our first meeting of the month we learned that Dana Point is the whale watching capital of the world. Dave Anderson, owner of Capt. Dave's Dolphin and Whale Safari informed and entertained the club. With grey

whales in the winter and blue whales in the summer our very own Dana Harbor is becoming world renown. We saw a video of dolphin pods that number in the thousands that are in our local waters.



Capt. Dave Anderson

Capt. Dave also explained the rescue attempt on a grey whale that was recently tangled in gill netting and entered the harbor in a weakened condition. This rescue made the national T.V. news. The netting was successfully removed but the whale did not survive due to weakness and starvation. It was a most informative presentation.

The Club is selling The Entertainment Book which offers good discounts on entertainment and restaurants. Contact Jerry Milner, 443-2911 for 2011 books. See following article.

The club meets the first and third Tuesday at 8 a.m.

—Steve Leonard

**SPECIAL NOTICE:** Steve Leonard will be showing the award winning documentary video, made by Capt. Dave, of the dolphins and whales seen

off Dana Point at 9:30 a.m. after the Men's Club breakfast on August 17. Everyone is invited.

### WOMEN'S CLUB

Joining the Niguel Shores Women's Club is as easy as signing your name—on a check for only ten dollars. The checks, payable to the Niguel Shores Women's Club (NSWC), may be turned in at the community office. At each meeting those attending pay an additional two dollars at the door, to cover costs. There are eight monthly meetings with planned programs throughout the year, plus a Christmas party and a June tea. The programs take place in the ClubHouse and provide entertainment or information on a topic of common interest. In addition, various outside activities are offered throughout the year. Members are contacted by callers and sign up to bring a salad or a dessert on alternate months. Also, the Club issues a membership directory providing handy contact information, updated each year. The directory for the 2010–2011 year will contain photos of all members.

Returning president Nancy Tinnes has designated her committee chairs for the coming year. Jeannie Sticher

and Bunny Ross will chair the membership committee, and Barbara Boyd and Mary Crowl will share historian duties. Frieda Baskin returns as hospitality chair, while Ginny Nevitt takes over the telephone committee. Ginny will also coordinate the home tour for the coming year. Ceacy Johns steps in as parliamentarian. Bunny Ross will arrange outside activities. Care and concern matters will be handled by Laurel Livesay. Tina Fornadley is organizing the Christmas party, and Sheila Furst will again preside over Club activities for July Fourth. Nancy Tinnes will coordinate table decorations. Diane Hearne and Karla Sanders, along with Linda Rice, are putting together the new directory. Working on committees gives members many opportunities to meet new friends and discover how Club activities operate. Those interested in helping out on a committee should contact the chairperson.

The Women's Club does not meet in August. The next meeting—the first of the 2010-2011 membership year—

will take place on Thursday, September 9, at 12:00 noon. Details about the meeting will appear in the September *Seashore News*.

—Phyllis Tezer

### **Scholarships from the Men's Club**

Every year for the past 15 years the Men's Club has awarded scholarships to outstanding seniors from Dana Hills High School. Originally two scholarships of \$500 were awarded but now three \$1000 are awarded, one of which is in honor of Buck and Fran Ewing who funded a foundation for a scholarship for a student of the Arts. Although the members of the Men's Club are a lively (we're not that old) and generous (with their time) group the money for these scholarships comes from fund-raising activities that the club undertakes.

A big source of funds comes from the Independence Day pancake breakfast. where any extra income realized after the food expenses are paid goes toward these awards. Since all of the food was prepared, served, cleaned up

and the room decorated by the club volunteers all the extra money goes to the scholarship fund. This year we added \$500 to the fund.

Another source of income for the scholarship fund is generated when the club sells the very popular **Entertainment Book**, which contains discount coupons from local restaurants, fast food eateries, sporting and recreational stores, hotels and travel businesses. Many restaurant discounts are two meals for the price of one, so if you go to only three of these restaurants your savings will have paid for the book. The discounts in the book are good for one year. A small percentage of the cost of these books is returned to the club which, again, goes into the scholarship fund.

Please consider buying one or more (they make great gifts) of the **Entertainment Books** to help the club. A signup sheet is available in the N.S. office. The books for the next year will be received in September. Thank you for supporting this activity.

—Karl Kuhn

## ACTIVITIES KARL KUHN, EDITOR

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### **WEDNESDAY BRIDGE**

We welcome new bridge players so please give us a call and we will fit you in our group. We play every Wednesday at 11 a.m. and we bring a sandwich for lunch, and we are usually through by 3 o'clock. If you'd like to try us out, please call Helen (496-4230) or Patricia (240-3559)—we'd love to have you join us.

#### **Bridge winners:**

June 23 Dorothy Horany, Pouri Fouzi, Kay Wittmack  
June 30 Helen Campbell and Freida Baskin  
July 7 Kay Wittmack, Freida Baskin and Gloria Thrailkill  
July 14 Helen Campbell and Dorothy Horany

—Helen Campbell

### **EMERITUS PROGRAM**

Don't forget to register for Saddleback College's Emeritus Programs: *Film As Literature* given Mondays 2:30 to 5:00

p.m. and *Western Civilization*, given Tuesdays 2:00 to 4:00 p.m. Both classes start on the week of August 23 and are held in the ClubHouse. You do not need to be a senior to attend. Applications for Saddleback College (needed first) will be in the community office.

Chris Stanfield (profiled in last month's *SSN*) continues to seek applicants for her Improvisation Class. Tai Chai will be offered when an instructor becomes available. Feel free to call me if you have any questions. Bunny Ross 248-1629

—Bunny Ross

### **LIBRARY**

**Children's Department:** Children's Summer Reading Programming will continue through August 14.

Special Performance on Thursday, August 5 will feature Puppet Art in a Puppet Show called *Tommy's Pirate Adventure* at 11:00 a.m. This program will be held in the main part of the library.

Special Performance on August 12 will feature Swazzle, a Puppet Production *River Otter Circus* held in the main part of the library.

Storytimes will continue on Tuesdays at 11:00 a.m. through August 10 with the Sunshine Readers.

**Adult Summer Reading:** It's not too late to have fun at the library this summer. From June 28 through the end of August you can join the adult Summer Reading Program. For every book you read or listen to at home and write in your reading log, you will receive an entry into a drawing for a variety of prizes. For every 5 books you read, you will receive an entry for a drawing for the grand prize, a Historical Kayak Tour around Dana Point Harbor from Coastal Kayaks. Finally, for every 10 books you read, you'll receive a coupon for a free tub of cookie dough from Papa Murphy's. The two participants who read the most will receive a reusable canvas bag full of books.

Throughout the summer, we will be showing either a foreign or independent film on the third Friday of the month from 7 p.m.–9 p.m.

**August 20** we will be watching the French film *Welcome*. *Welcome* is a film about Bilal, a 17-year-old Kurdish refugee, who has struggled his way through Europe for the last three months, trying to reunite with his girlfriend, who recently emigrated to England. But his journey comes to an abrupt halt when he is stopped by authorities in Calais, on the French side of the Channel. Left with no other alternatives, he decides to swim across. (109 Min)

**After Hours at the Library**

**Friday, August 6:** 7–9 p.m. The Dana Point Library is proud to present guitarist John Hopkins, as part of our *After Hours at the Library* program. Once again, the concert is free to the public and light refreshments will be provided. The After Hours at the Library series is sponsored by the Friends of the Dana Point Library. If you have any ques-

tions, please contact the reference desk at 949 496-5517.

**Friday, August 13** The Red Cross Blood Mobile will be in the library parking lot. Call the library ahead of time to reserve a time slot, or show up with picture I.D.

**Monday, September 6** is the first day of a class, Computer Basics for Seniors. In this class, we begin with the true basics, parts of a computer and using a mouse. We'll then move on to parts of a web page, basic email, and basic word processing. By the end of the course, you should be able to write and respond to email, add attachments to email, and create a basic document in a word processing program. Please call ahead to reserve a spot.

**Dana Point Library Foundation.** The City of Dana Point has formed a non-profit foundation for the purpose of raising private capital with the goal of rejuvenating and expanding the Dana Point Library. If you would like to be a contributor to this worthwhile cause call Kevin Evans at the City Park Department and ask about the Library Foundation. Kevin's phone is 949 248-3530.

**TRAVEL TIDBITS**

When you are thinking about a trip, insurance is normally not the first thing you think about. Maybe it is something you never think about. However, it should be. For a trip that involves non-refundable pre-payment, such as a cruise or land tour, without insurance you risk loss of your total payment. The recent Icelandic volcano incident illustrates that. For those, without insurance, who were unable to get to their destination in time to board the ship or depart with the tour, there were no refunds. Some trips do not involve pre-payment such as a international driving trip, however there are still risks. In case of accident or illness it may be necessary to seek medical help or be evacuated back to the US. This can be very expensive. Quite reasonable insurance is available to cover these possibilities. So the next time you are planning a trip, it would be a good idea to look into insurance. Protect yourself and your vacation investment.

—Barbara Milner

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## MEN'S GOLF

Our tournament at The Vineyard on June 22 was well received because it had been several years since we played the very beautiful golf course. It is one of the better courses on our schedule this year. It was worth the trip and the free lunch was a bonus.

The first place winners were Woody Woodward, Barry Banducci, Jack Sweeney plus a blind draw. Second place team included Bob Russell, Terry McLaughlin, Bob Gutknecht and Blair McDonald. Terry McLaughlin was closest to the pin on #3, Peter Rask was closest on #7.

Our return to Aliso Viejo on June 29 was welcomed with great enthusiasm. It is a wonderful course and very close to home. We will want to return here on a regular basis. First place honors went to the team of Tom McNicholas, Steven Rose, Boyd Van Ness and Al Thome. The second place team was Roy Dohner, Bennet Derman, Jack Sweeney and Charlie Clark. Closest to the pin on #5 was Roy Dohner, Bennet Derman was closest on #12.

Our tournament on July 13 at Arrowood and on July 27 at Rancho Joaquin will be reviewed in our September issue of the *Seashore News*.

The less skilled the player, the more likely he is to share his ideas or the golf swing.  
No matter how bad you are playing, it is always possible to play worse.

—Tom McNicholas

## WOMEN'S GOLF

The Niguel Shores Women's Golf held their annual *Memorial Tournament* on July 12. It was a beautiful day filled with sunshine and smiles. Following the tournament

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a delicious luncheon was held at Gemmell's Restaurant in Dana Point where several past members attended much to the delight of all. We all took a few moments to remember all the members who are no longer with us. The golfing was fun and the company was better. At the luncheon the winners of the golf tournament were announced. Val Mitchell was the winner with a score of 40. Liz Kelsch was the runner-up with a score of 44. Margaret Benarian's daughter, Celeste was closest to the pin on hole #6. Val Mitchell was closest to the pin on hole #8 and had the longest drive on hole #9. Marlene Lynch had the lowest number of putts with 14.

August 9 will be our next Fun Day of golf. Check in time is 8 a.m. at Aliso Creek Golf Course. Please call Judy Boitano at 661-9495 or Maria Elena Banks at 248-9300 if you are interested in playing. Lunch will be held at Aliso Creek where you can purchase a cold sandwich, a salad or a hot sandwich from the BBQ. A short meeting will be held after lunch. New members are always welcome, so if you are looking for a fun group to play golf with, give us a call.

"When you fall in love with golf, you seldom fall easily. It's obsession at first sight."

—Val Mitchell

## FITNESS CLASS

Stretching, toning and feeling fit—that is a good way to enjoying the fall season. You can accomplish this goal by joining the ongoing fitness class. The one hour classes are held in the ClubHouse on Monday, Wednesday and Friday starting at 8:30 a.m. The cost is only \$60.00 per month (this averages out to \$6.00 or less per session) or \$10.00 per drop-in. For more information call Elaine Converse 493-8066 or Joan Beyer 496-1428.

—Joan Beyer

## VOICE OF THE PEOPLE

During the night of Wednesday, June 30, someone enter my gated yard and totally stripped a mature apricot tree of all the fruit. This is trespassing and vandalism. I wonder if the culprits enjoyed the fruit. My neighbors and I miss it and resent the invasion of privacy and vandalism.

—Polly Buckingham



# MEET YOUR NEIGHBOR *by Karl Kuhn*

## ONE OF HIS PASSIONS IS COOKING

This month's Meet Your Neighbor is a man, a fifth generation Californian, who was learning to speak Chinese as a very young boy living with his parents in Singapore. However, that was only one of the international cities that he lived in while growing up. You may have seen him at the community center pool where he swims daily to keep his polio affected legs in good condition. His name is Tom O'Keefe and has lived in Niguel Shores since 1998.

Tom was born in San Pedro, California in December 1945. His parents were both attending USC at the time (his dad under the G.I. bill). Upon graduation his dad applied for employment in the Foreign Service but, due to a government technicality, employment there was unavailable so they told him to go down the street from the State Department to a new government agency being formed. Now it is known as the CIA.

So started the fascinating escapade, for a young boy anyway, as his dad, don't ask what he did, moved to each new assignment. His dad served in Washington D.C., Singapore, Hawaii, Cairo (his dad moved the family out of Cairo just before the Suez crisis), and Paris.

It was during Tom's time in Singapore that he contracted polio. He was confined to a bed for a year, undergoing many surgeries, before being fitted for braces which he only needed for a few years.

Tom and his parents moved to Paris when he was 15 and he quickly learned to speak French. After graduation from an American high school there he enrolled for two semesters at the University of Maryland, Munich, Germany campus. He returned to Washington, D.C. to continue his college studies in International Business and Foreign Relations at Georgetown University. Tom is not a name-dropper but he did say that he was friends with a fellow student there who you may have heard about, Bill Clinton. You might ask him about the several dinners he was invited to at the White House. After getting his degree Tom taught French in Washington D.C. for a year or so before going on to the American Graduate School of International Management, popularly known as Thunderbolt College just outside Phoenix for his MBA. He learned Spanish while getting his MBA.

Tom's career path then lead him back to California and into commercial real estate. He first worked for Grubb and Ellis before starting his own commercial real estate company. At this time Tom also got married, moved to Laguna Beach to be near the beach and started raising a son and a daughter.

Tom has always been very active in many organizations. For instance, he has owned an Aston Martin since 1973, was President of the West Coast Aston Martin Club and was

even on the Board of Directors of the parent organization in England. He was president of The Opera League of Laguna Beach, which became Opera Pacific where he was a founder and director. He became a member of the International Wine and Food Society located in London and started the Las Vegas branch of that prestigious society. He has travel extensively, especially to France where he took a short course at the famous Cordon Bleu, which he claims did not impress him since they taught only the classic French recipes as if there was none other worth trying. And you were wondering where the cooking mentioned above comes in. More on this in a moment.

Continuing with Tom's many activities, he was asked by the L.A. Olympic Committee to be the professional host or ambassador to the many international dignitaries coming to the 1984 Olympics. With his fluency in French and Spanish he was assigned six African countries to take care of. With a small staff and six chauffer driven limos, he thoroughly enjoy being the ambassador for 6 weeks, beginning 2 weeks before the Olympics. After that assignment L.A. Mayor Bradley asked him to handle the L.A. Sister City Program with the sister city being Bordeaux, France. This program involved hosting their city officials, facilitating student exchanges, sending books to their libraries, and participating in wine tastings (I could go for this last difficult task). His involvement with this program lasted from 1984 to 1993.

After a divorce he was lucky to have met a very lovely lady named Pam in 1990 who he is engaged to. Now that he is semi-retired the two love to go on cruises. They are considering a cruise down the west coast of Africa next.

Tom's passion has always been cooking and does all of it at home. As a side note his son is the chef at Nordstroms in South Coast Plaza - like his father, like son. Tom specializes more in the techniques in the preparation of selected ingredients in a recipe than in blindly following the recipe. He is going to put on a class, mentioned in the Recreation Committee article earlier in this issue, to teach you these preparation techniques that he has developed over many years. Tom said the class is (1) designed to be fun which will start with a glass of wine (remember he is a expert), (2) will demonstrate his preparation techniques such as how to cook and length of cooking a particular recipe ingredient, (3) what would be an accompanying cuisine, and (4) making it important that everyone has a hands-on contribution. Sign up. I'm sure you won't be disappointed. ■



Tom O'Keefe

# SUNSET HOMES



As a son or daughter of an elderly person, what are your alternatives for a parent or any loved one, when they are no longer able to reside in their own home or independent retirement setting? This may be due to injury, illness and or confusion. Your options are varied and somewhat perplexing when determining which level of care is safe, appropriate and affordable.



1. What about Long Term Insurance?
2. What does Medicare/Private Insurance cover?
3. What does it mean levels of care?
4. How does Hospice work?

For additional information or should you have questions regarding elderly care issues, please contact me.

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