

August 2009

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# FROM THE HELM: Sailing With the Winds of Change

Then you read this we will be a few short weeks from completion of our new ClubHouse and spa. Without a doubt this will bring change to our community. The activities we will be able to enjoy in the new facility will be far greater and diverse than we have experienced in the past. On July 4th, even without our usual pancake breakfast in the ClubHouse, festivities still took place with the help of our willing volunteers. We had a large turnout of residents for the flag raising and parade. It was particularly gratifying to see so many young families participating in the parade and beach activities.

The Beach Bluff project is near completion with landscaping to be installed in the next few weeks with the north side of the beach bluff having a more tropical theme than in the past. Eventually more picnic tables will be added on the north grass area to allow more group activities.

The other day I had the opportunity to look back at old issues of the Seashore News and reflect on how things were from the 1970's to today. We have made great strides in home remodeling, home values and we now can join the ranks of planned communities with excellent amenities and a place where families can have good times together in our beautiful safe community full of tradition where neighbors care for and respect each other.

*—Jerry Koppang* 

# THE MOVIES ARE COMING TO NIGUEL SHORES

Film as Literature—Mondays from 2:30 to 5:30 p.m. in the ClubHouse beginning August 24



**7** ou've read in past issues about the **I** Emeritus Program that will begin on August 24 at which a movie will be shown each week preceded by a lecture and discussion about various aspects of film making. This presents a wonderful opportunity to amble over to

the ClubHouse on Monday afternoons to enjoy a movie and learn a little something.

Bunny Ross, chair of the Emeritus Program Committee, an active fellow resident, has put together a committee of volunteers, many of whom have teaching experience, to promote the Emeritus classes for Niguel Shores. They have arranged for this first class and hope to continue with others in the semesters to come. They have long-term plans to provide programs on their own if there is interest in the community. The members are: Jerry Koppang, Lyn Long, Diane Meadow, Dottie Moser, Marti Poivre, Gloria Sall and Chris Stanfield.

The Emeritus Institute at Saddleback College that is offering this class was founded in 1976 to provide lifelong learning opportunities, primarily for older adults. The classes are offered in various locations in the surrounding communities and cover a wide range of interests. Emeritus programs were created by state legislation some years ago with the premise that offering activities for seniors would benefit them both physically and mentally and result in lower medical costs-monies better spent on preventive measures. The funding is based on a reimbursement system in which the state reimburses the college each time a student attends a class. Saddleback has an enrollment of 11,000 in its Emeritus classes and encourages its students to attend regularly so that they can be fully reimbursed for the attendant expenses of providing the class.

Sandy Marzilli, Director of the Emeritus Institute, stressed that its offerings are different from continuing education or adult education because its classes are academic. The Emeritus instructors are all qualified faculty continued on page 15

# FROM THE GM

CLUBHOUSE PROGRESS—It's hard to believe, but we are in the final stretch of the new ClubHouse project, with an anticipated completion date some time around August 21. A lot can still happen before this date, but we are optimistic that we will be holding our dedication ceremony as planned on Saturday, September 5. It will begin with a traditional pancake breakfast prepared by the Men's Club, followed by the Marine Corps Color Guard raising the flag for the first time over our new ClubHouse, and then the dedication ceremony itself. We will be giving tours of the building during the morning, so be sure to come by to inspect the new facilities! In addition, we will have



an art workshop on the patio to create commemorative and personalized Family Tiles.

FAMILY TILES - If you have lived in Niguel Shores since 2002, you may remember an event that involved creating customized art tiles by the residents. The idea came from a need for a tile background for

the outdoor shower area that was to be covered with the tiles. The good news is the event was successful and 60+ tiles were created. The other news is, rather than rebuild the shower, it was decided to replace it, and the tiles were never installed. Over the next several years we lost track of the tiles, but lately, with the help of Gay Powers they have been relocated and are once again ready to be displayed in the pool area. The plan is to place them on the rear wall of the new spa area facing the Tot Lot. We have 64 of the original tiles, and we have determined that there is room for 80 additional tiles. We have negotiated a deal with the local "Color Me Mine" store (near Gelson's) to provide new customized tiles for the SAME 2002 PRICE OF \$25 PER TILE. This will include: The 8" x 8" tile, the supplies necessary to create your own design, and the glaze and firing necessary to turn the tile into a permanent piece of art. The Color Me Mine store will come to our dedication Saturday, September 5 to set up a tile-painting workshop outside the new ClubHouse. The tile painting will take place from 11:00 a.m. to 2:00 p.m. and be part of the ClubHouse Dedication Ceremony. The display space on the wall will only allow for 80 new tiles, so they will be offered on a first-come basis. In order to be fair, we will not be accepting any reservations

#### **ClubHouse Dedication – September 5, 2009**

Pancake Breakfast in the ClubHouse
provided by the Men's Club
Flag raising by the Marine Color Guard
ClubHouse Dedication Ceremony
Tile Painting at poolside
Tours of the new ClubHouse

until the office opens on Saturday, August 1. Just bring your check to the NSCA Office and fill out a reservation form. If you want to create a tile but can't make the workshop on Saturday the 5th, you will be able to go to the Color Me Mine store any weekday between August 3 and



September 4 to create your tile art. (Note: we will not accept political messages, commercial advertising, or any distasteful art on the tiles.)

NEW SPA—After considerable research, 4 bids and debate, the Board approved the construction of the new spa, and the contract was awarded to Swan Pools. The new spa will be considerably larger (12' x 14') and will incorporate many updated features, including "swirling" jets and a "stand-up" area as well as seating. It will be a state-of-the-art spa, but likely will not be finished at the same time as the ClubHouse due to permit delays: the OC Health Dept. can take 4+ weeks, followed by the Dana Point City permit before construction begins. If it is not completed when we take occupancy of the building, our plan is to open the pool, and we will fence off the spa while the work continues. We hope all of this will be timely and that many of you will enjoy the new facilities.

SUPPORT YOUR RECREATION COMMITTEE (OR, DO NOT BYOB)—This is one I wish I did not need to write. At recent Association events, people have been bringing their own alcohol to the event. I think it is an old Niguel Shores tradition that started when some people did not like drinking "box" wine. However, times have changed, and we ALL need to support our Association, and more importantly, the volunteers who give up their own Saturday night to serve those of us who just want to party. First off, the wines the Association now serves are 90+ point-rated quality vintage wines. Add to that the cost of only \$3 per glass and you cannot get that good a deal at any local Happy Hour. The small profit off the sale of alcohol subsidizes the entertainment, the table dressings, wrist bands, glasses, entertainers, etc. The fact is: the Recreation Committee is held to a budget mandate to make the event "break even." Without the alcohol sales, the entire Association is underwriting those who choose to bring their own drinks. Now that I have beaten this point to death, please support the Association and the Rec. Committee volunteers by leaving your alcohol at home, or else be prepared to donate an appropriate corkage fee to the Recreation Committee's drink fund while at the event.

JULY 4th CELEBRATION PHOTOS—Last, and certainly not least, thanks to our official NSCA photographer (and Board member) Gary Tinnes, we now have many great photos of the July 4th parade and celebrations posted on the Niguel Shores Website, www.niguelshores.org. Be sure to visit the site (under the RECREATION tab) as there are over 30 pages of great color photos, and you can download the ones you like for free! —Leo Riley, General Manager

# BOARD ACTION SUMMARY

#### JULY 1, 2009 BOARD MEETING (General Session)

#### **APPROVED:**

-Approved the General Session Minutes of June 17, 2009.

Approved the May 31, 2009 Financial Report.

-Approved the May 2009 Variance & Delinquency reports.

-Approved the appointment of Steve Stewart to the Finance Committee Chairmanship.

-Approve the appointment of Ellen Dovey to the Landscape Committee.

-Approve the resignation of Irene O'Brien from the Landscape Committee.

**DISCUSSED:** 

-Asphalt, Beach Bluff & ClubHouse projects updates.

-Surf Museum update.

- Instructor contract & policies for outside programs.

-ClubHouse / Beach Bluff rental policies and fees.

-Art proposal for new ClubHouse + Homeowner tiles.

-Ritz Carlton expansion project.

**REVIEWED:** 

-2009-2010 BOD / Management objectives and priorities.

#### JULY 1, 2009 BOARD MEETING (Executive Session)

#### **APPROVED:**

-Approved the Executive Session minutes of June 17, 2009.

#### **REVIEWED:**

-Attorney Richard Fiore's status report on pending legal matters.

-June, 2009 Assessment Collection Status Report.

-Violation Log.

#### **DISCUSSED:**

-Discussed Paving Company dispute matter.

-AC matters involving four (4) homeowners.

-Irrigation system proposal from Hydropoint.

-Beach Bluff landscaping proposal.

-2009 Reserve Study matter.

-Pool / Spa proposals.

#### **HEARINGS/MEETINGS:**

-Hearings with (2) homeowners for suspension of Rights due to delinquent payments. -Hearing and fine for homeowner violation of Rules 4112 & 4121 plants and maintenance.

#### JULY 15, 2009 BOARD MEETING: (General Session)

#### **APPROVED:**

-General Session Minutes of July 1, 2009.

-Approval of the resignation of Jerry Moon from the Traffic & Safety Committee.

-Approve the filing of (2) liens for delinquent assessments.

#### **REVIEWED:**

-Update ClubHouse, Beach Bluff, and Asphalt Maintenance Project.

-Major Project list.

-Homeowner letter to the board re: Slope maintenance.

#### DISCUSSED:

-ClubHouse/Beach Bluff project updates (Art in Public Places and roof glare).

-Ritz Carlton project update.

-Headlands matter (Public Restrooms).

-Personalized Tile project and Beach Bluff bench plaques.

-Pool Spa update.

-Headlands matter.

-Fall paving project.

-AC Committee matter.

-Committee reform project.

-Committee Chair meeting agenda.

-Instructor Contract & Policies for outside programs.

-Instructor contract / policies for outside programs.

-Beach Bluff / ClubHouse rental policies and fees.

#### JULY 15, 2009 BOARD MEETING: (Executive Session)

#### **APPROVED:**

-Executive Session Minutes of July 1, 2009.

-Spa contract with Swan Pools with conditions.

-Landscape / Irrigation proposals for Beach Bluff project.

-Instructor contract for outside programs.

-Irrigation proposal from Hydropoint for Satellite System. -Change Order # 6 for ClubHouse.

-Status report on assessment collections for June 2009.

#### **REVIEWED:**

-Special Assessment Payment / Delinquencies update.

-Fall paving project proposal.

-Violation Log.

#### **DISCUSSED:**

-Update on AC legal matters.

-Update on paving dispute.

#### **HEARINGS/MEETINGS:**

-Conducted homeowner hearing and levied fine for violation of Rule 4152 Easement Plantings.

-Conducted homeowner hearing and levied fine for violation of Article IX, General Nuisance.

NOTE: The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session Agenda for the next Board Meeting will also be posted at noon on the Friday prior to the next meeting. REMINDERS: NEXT GENERAL SESSION MEETING-AUGUST 5, 2009 at 9:00 a.m.

# ARCHITECTURE

No report this month.

# FINANCE

I have been on the Finance Committee since 2003 and have served as chair since 2006. Beginning August 1, 2009, Steve Stewart will take over as chair of the Finance Committee. Steve has been a member of the Committee for over eight years. I will be very happy not to go through the budget process again which begins immediately.

Between August and October, the Finance Committee will conduct a review of all categories of expense and income for 2010 and make recommendations to the Board for each line item in the budget. The Board makes the final decision regarding next year's budget. The current 2009 budget totals \$2,652,199.

In August, the Finance Committee will review the 2010 proposed operating budgets for the (1) Community Center; (2) Traffic & Safety which includes the entrance and roving patrol company contract; and (3) Maintenance.

In September, Finance will review the 2010 proposed operating budgets for (1) Landscape which includes the landscaping company contract; (2) Communications— *Seashore News* income and expense; (3) Architectural income and expense; (4) General and Administrative expense; and (5) Income.

In October, the Finance Committee will review the Reserve Account which covers all the repairs and/or replacement of our major assets.

It has been a pleasure serving the community for the last six years. If at all possible, please donate some of your time and energy to the community. Niguel Shores consists of 960 homes with as many as 3,000 people, so through employees and volunteers, we are managing a small town. We need all the various skills and abilities that each of you possess.

*—Marcy McNulty Outgoing Finance Chair* 

# LANDSCAPE

The Beach Bluff renovation is underway. New turf is in and the remaining landscape should be installed by the end of the month. If you notice any brown spots, they are due to our rabbits' healthy appetites. We are in the process of dealing with this problem. The satellite irrigation system is still not functioning properly. Efforts are being made to correct the problem but, until a solution is found, the system is in manual mode. Please notify the office if you notice any areas that are being over watered or are very dry. **Incidentally, reclaimed water is not affected by the new South Coast Water District restrictions.** The Association uses only reclaimed water for irrigation.

We are happy to welcome Ellen Dovey to the committee as the Breakers Isle representative. There is an opening for a Villa's representative on the committee. Anyone living in the Villa area and interested in joining us please contact the office.

-Donna Rosecrans

# MAINTENANCE

Unexpected and unplanned issues involved with our new construction projects continued to occupy much of our time this past month. Finding the leak in the main drain pool line took several days of digging and testing. Conduit was broken and the park lights went out, and then conduit needed to be moved (with about an hour's notice) or the lights on Niguel Shores Drive would go out. There seems to be an almost daily problem of this nature which disrupts many of our planned projects.

One of the more interesting jobs was the need to move some of the tot lot equipment to make room for the new spa. Turns out you can't just move this anywhere. There are strict OSHA rules defining the required open space around each piece of playground equipment. The swing set needed to be moved. We did not have the required space for our four seat swing set. This problem was solved by buying a pair of two seat swing sets and locating them apart from each other.

We had room to move the small clubhouse, but moving it was not easy. If there is ever an earthquake, go to this house. It will be the last thing to go. Maintenance had to dig four three foot deep holes using chisels and sledge hammers to get the club house off its foundation.

The Recreation Committee sponsored two very successful and popular events last month. These events were enjoyed by many in the community but they do put extra stress and work on our maintenance people. Sixteen hours of overtime were needed for the Fourth of July event. While the overtime provided a little extra money it is certain that, if not for their sense of duty to the community, their choice would have been to spend the holidays with their families.

—Jack Christiansen

# SEASHORE NEWS

We have a new feature and a new contributor. Our *Teens Talking* author, Colleen McNaught, is now our official Teen Editor and will be contributing an article about her fellow teens on a monthly basis. Welcome Colleen and thanks for offering your writing skills and sharing your inside knowledge of your world with us. We look forward to reading your ongoing stories about our young residents' exploits.

And, you'll find in this issue, the first column by Carol Yocom, *Carol's Cuisine Corner*, full of tips on good eats, good locations and good prices in our neighborhood. Carol is famous for her knowledge of restaurants, both local and far flung, so we all shall benefit from her sharing this expertise. Each month she will tease us with tempting tips... Many thanks, Carol.

-Mary Crowl

# TRAFFIC AND SAFETY

A most successful Fourth of July is now behind us, and from all accounts everything went well. There were no major incidents, which is largely attributable to the hard work and planning by our professional staff and many volunteers. We did receive several reports of skateboarders grasping the back of a small pick up and being towed on both Periwinkle and Niguel Shores Road. Needless to say, even accomplished skaters, such as our own Pat O'Brien, would not attempt this stunt as it is dangerous, illegal, and a poor example to our younger folks. Other than that there have been no other noteworthy incidents to report.

Our committee was saddened to receive the resignation of Jerry Moon, who in terms of service was the senior member of the Traffic Safety Committee. Jerry brought to the table years of wisdom and insight that he gained while working in leadership positions with both the Los Angeles Police Department and Disney Corporation. I have spoken to folks from both of these organizations, and they remember Jerry as a true legend that merited all the praise that he received. The entire committee will miss Jerry as he was one of the best and nicest people possible to work with. Hopefully, after a bit of well deserved rest, Jerry will consider rejoining us. On behalf of everyone, **thank you Jerry Moon!** 

-Tim Murphy

# VIEW PRESERVATION

No report this month.

# NIGUEL SHORES WEBSITE

I'm happy to announce that the website has experienced a big increase in traffic this last month. We appreciate all residents who have been contributing to the club pages and the people who constantly keep coming back to the site. We are doing our best to keep the site updated on what is going on around Niguel Shores. If you haven't seen it already, be sure to check out the site for pictures from 4th of July, the Garden Club Picnic and the Niguel Shores Taco Night. As one can tell by the photos, NSCA throws the best events that the whole family can enjoy.

Please be sure to continue to support the website by sending us any information or pictures. You can email all content to webadmin@niguelshores.org. Feel free to contact me with any suggestions or questions as well. We are always looking for ways to improve the Niguel Shores' website!

-Kathleen Capalla

# RECREATION

4th of July is better every year. 2009 with all the construction, we still had an outstanding parade and activities. Thanks to this community and its dedication to being proud Americans. The bluff for afternoon and evening was enjoyed by another record number. Thanks again to Nancy Tinnes and her committee.

August 23 at the bluff for an outstanding Summer Bluff Party is the place to be. Danielle Mills and Alicia Martinez work hard to see that everyone has a good



Marine Color Guard raising the flag on the 4th.

time. See box on next page. No charge for the sunset you will enjoy.

# COMMITTEE REPORTS DORIS ADAMS, KARL KUHN, EDITORS



**September 5:** Look for the notice of the activities we will have for the opening of our new ClubHouse. This is another day you will not want to miss.

**September 20** will start the Pot Luck Dinners in our new ClubHouse at 6:00 p.m. Ann Christiansen is looking forward to seeing many enjoy the larger space and new kitchen for the Pot Lucks this coming year. The next will be October 18. Mark your calendars and check your cookbooks for that casserole/salad or dessert recipe.

**September 27:** Start to practice making the winning chili for the chili cook off, with a group or your favorite family recipe on September 27 from 12:30 to 3:30 p.m. Let's make this a real fun day for the families in the park. Patty Cook is planning a family day plus tasting for you to decide if the judges made the right choice as you enjoy drinks from the bar. Details for entry will be in the September *Seashore News*.

**Reminder of other dates to mark: October 25** for the Halloween Party. This first one in the new ClubHouse is being planned by Chairman Susan Meredith. **November 1** is the annual Art Affaire. Call Barbara Milner at 443-2911 to enter.

-Carol Yocom

# Molly Fields Memorial Sand Castle Contest Winners:

**10 and under:** 1st Place: The Star Museum by Merediths, Summers & Dunlevie



2nd Place: Turtle by Stella, Reese, Vaughn, McCarter and Alex

3rd Place: Mermaid by Devyn, Caroline and Maisie

1st Place: Uncle Sam by Ellis Family



**Family:** 

2nd Place: Monstro the Whale by Auld Family

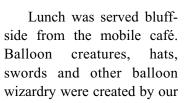
3rd Place: Well by Mesdrich Family

Judges:

Laura Beresford, Chelsea Wilder, Colleen McNaught and Sam Fitzmaurice

# COMMITTEE REPORTS DORIS ADAMS, KARL KUHN, EDITORS

Independence Day 2009



This year's Niguel Shores July 4th celebration broke all attendance records! Special thanks to the morning's M.C., Gary Tinnes, and to our very well-dressed "Uncle Sam" Warren Gruenig, who added colorful authenticity to our celebration. The 5th Marine Corps Color Guard raised our American flag. Patriotic tunes were heard by all who witnessed the precision event while enjoying a mobile café breakfast around the flagpole.

Once again, our local Dana Point Fire Department brought Engine 30 to lead our parade of more than 200 residents and friends. Following Engine 30 came a RED Corvette (owned by Gary Tinnes), followed by a WHITE Corvette (owned by Rob Rifkin), followed by a BLUE Corvette (owned by Joe Orsini). Other decorated autos, golf carts, bikes, scooters, walkers, strollers and throngs of pedestrians in red white and blue finery, waving U.S. flags, held up the rear of the long parade throughout the neighborhood. own Danny Solomon assisted by his family. Tattoos were creatively applied by Sheila Furst, Shirley Smith and Linda Field. Masterful face-painting for the young and the youngat-heart was carefully applied by the most colorfully dressed Miriam Tait.

Our NSCA maintenance crew was on-hand to prepare the hot coals for our community Beach Bluff Barbecue. D.J. John Symes did a great job with his selection of music...there was something for everyone. The D.J. got the whole bluff-top rocking for the final hour, with almost everyone dancing en-masse. Check out nearly 450 photos uploaded on our website: www.niguelshores.org. Flying footballs and frisbees filled the sky, and fireworks were seen from near and far. What a party!

My sincere thanks to Suzanne Enis for her help in decorating, and to Janet Dohner for her positively perfect posters. Finally, a special mention of our office and maintenance staffs. I so appreciate everything these tireless soldiers did to make our annual festivities go so smoothly. Party on...

In celebration, Nancy Tinnes (Photos by Gary Tinnes)





www.niguelshores.org

# GARDEN CLUB

I recently had the pleasant experience of visiting the Laguna Hills Nursery at 25290 Jeronimo Road in Lake Forest. While I was there I had a long discussion with the owner Gary Matsuoka. Gary is one of the most knowledgeable individuals when it comes to dealing with anything gardening. The conversation began when I told him I was having trouble with my potted plants. He asked me what type of potting soil I was using. I gave him the brand name and my lesson in potting soil began.

The History of Potting Soils: Bonsai, the art of growing miniature but mature looking trees in small pots, has been part of Japan for nearly a thousand years. The traditional methods use natural soil ingredients. The masters considered sand the most vigorous growing medium. During the 19th century citrus were grown in huge pots in France. The trees spent warm weather outdoors but were moved into orangeries (primitive heated greenhouses) for the winter. The soil in these pots was about 97% sand. In the early 20th century the Royal Horticultural Society determined that sandy loam was the most ideal soil for containers. In the 1950's the University of California developed several soil mixes for containers that would be lighter and even more permeable. Among these are:

- a. 1 part sand: 1 part peat
- b. 1 part sand: 1 part bark
- c. 2 parts sand: 1 part bark, 1 part peat

In the 1980's the prominent horticulturalists were pushing the theory that the more compost you incorporate into the soil the better the results. In those days Gary followed their lead but in the late 80's and early 1990's plants were rotting and everyone was blaming too much irrigation. In reality the decomposing compost was creating a fungus in the container soil causing the root ball to rot.

Gary has formulated his own mixture of peat moss, perlite and pumice for container gardening. The high permeability promotes explosive root and plant growth, but the grower has to irrigate and fertilize carefully and constantly. Permeable soils high in peat, pumice and pearlite are NOT very high in nutritional value. So using the right fertilizers is important. Part 2 of Gary's discussion will be on organic fertilizers. Happy Gardening

-Jerry Koppang

# MEN'S CLUB

Due to situations beyond our control the super cooks of the Men's Club were unable to perform their magic for our annual July 4th Breakfast. However they will be present to provide their outstanding culinary presentation at the Labor Day weekend dedication of the new ClubHouse on Saturday, September 5. Mark your calendars and come prepared to feast.

Bob Borland has decided, after 13+ years, to hang up his 9 iron and retire as Chairman of the Golf Committee. Jerry Pearl contributed some glowing comments (ya sure!) about Bob's incredible iron throwing techniques and his dedicated contribution to the success of the golfing activities. A priceless irreplaceable trophy was presented followed by a solid round of appreciated applause. A replacement has not been identified. Any volunteers?

Our scheduled speaker, Nick Karnazes, was unable to attend due to having surgery. His son Kraig gave a short rundown of his Dad's incredible 96 rounds of golf in 96 days, which of course was to be the subject of his presentation. We all wish Nick a very rapid recovery and look forward to his returning at a later meeting to give us all the details of his journey. Kraig, our in house financial guru and, being the flexible guy he is, filled in for his Dad. Kraig is a Financial Advisor with Wells Fargo and he was accompanied by John Leonard, Vice President and Regional Manager with J.P. Morgan. They both discussed the current financial environment we are confronted with and some suggested actions to consider, plus a projection regarding the fourth quarter and into 2010.

Roger Hogan, President and General Manger of Capistrano Toyota/Scion will be our guest speaker on July 21. Considering the current automotive business, his talk will be most interesting (tell you about it next month). Subjects for future meetings will be Social Security, California State government, and the Tuskegee Fliers in WW II.

The Men's Club meets the first and third Tuesday of each month. All men are invited. Call Bob Ryan 487-7848 for details. We're looking forward to being in our new recreation facility by mid August.

-Bob Ryan

# WOMEN'S CLUB

The meeting of the Women's Club on September 10 is planned as an introduction to the new ClubHouse and a welcome to all members, new and long-standing. Past presidents will be recognized and honored. You will hear about the high points of each of their terms of office, thereby learning the history of the Women's Club. Music and a slide show will round out the program. Members are encouraged to bring guests.

At the October meeting two speakers will intrigue you with their

# CLUBS KAREN LINGER, EDITOR

adventures, and they will intrigue you because they are your neighbors. More about that in the September issue. Right now the program committee needs your help. The committee would like to showcase Niguel Shores residents in the 2009–2010 Women's Club programs. Tell the committee members about yourself. Are you a crossword

# ACTIVITIES JUDY PASEK, EDITOR

### PAGE TURNERS

Reading list for next season: Page Turners is on summer vacation in August and will resume on Monday, September 28. At the June meeting, the following eight books were selected by the membership for the coming season.

- Sep Arthur and George, Julian Barnes
- Oct *We Have Always Lived in a Castle*, Shirley Jackson
- Nov Cannery Row, John Steinbeck
- Jan A Tale of Two Cities, Charles Dickens
- Feb Climbing the Mango Trees, Madhur Jeffrey
- Mar Hotel on the Corner of Bitter and Sweet, Jamie Ford
- Apr The White Tiger, Aravind Adiga
- May The River of Doubt, Candice Millard



Page Turners meets on the fourth Monday of each month September through June, except for December. This September, the morning group will meet at 10:00 a.m. at the home of Ann Christiansen and the afternoon group will meet at 1:00 p.m. at the home of Frances Ozimec.

For more information contact Gloria Weintraub at 248-8205 (rdabook@cox.met) or Kathleen Hardcastle at 481-5503 (khlaguna@gmail.com). Kathleen has volunteered

editor? A "makeup artist" for food in advertising? A former LAPD police woman? A famous radio personality? Do you know a friend or neighbor with a tale to tell? Two people would like to hear from you: President Nancy Tinnes, 364-5535, and Program Chair Ceacy Johns, 493-8355. A telephone call to them or to someone in the club whom you know, or a note left in the Women's Club box in the office will start the ball rolling.

So, come sample the outstanding salad buffet that our Women's Club meetings are famous for. Come to our meeting with the idea of joining the club—because you are our future.

—Phyllis Tezer

as Page Turners' afternoon coordinator, replacing Diane Hearne whose valuable service was recognized by the membership at the June meeting.

-Kathleen Hardcastle

# REALLY SERIOUS OREO COOKIE BOOK CLUB

July's book, *The Lost City of Z—A Tale of Deadly Obsession in the Amazon* by David Grann, generated a soso discussion. Those with a penchant for psychology enjoyed reading about the obsessive explorer, Percy Fawcett, relentlessly pursuing his Amazon search while others thought him somewhat of a madman. The author received a bit of criticism, too, for suspected of being opportunistic with his story.

The August book is *Outliers: The Story of Success* by Malcolm Gladwell—another treat for the psychologists. Gladwell is already famous for *The Tipping Point* and *Blink* (The Power of Thinking without Thinking). We will meet on Wednesday, August 19, at the home of Norton Schwartz, 23621 Sidney Bay—1:00 p.m. Contact Norton Schwartz for information about the Club: nortlynne@ cox.net or 481-2459 to talk with him. Visitors and new members are welcome. If you've read any of Gladwell's books come along for a rousing discussion.

-Mary Crowl

# FITNESS

**Get Ready...** Leslie's Stretch & Strengthen Workout is starting on September 9 in the new ClubHouse. Classes are Monday, Wednesday and Friday at 8:30 a.m. Drop-ins welcome.... come and enjoy the exercise. It's co-ed too! Information: call Joan Beyer at 496-1428 or Elaine Converse at 493-8066.

-Joan Beyer

# SPORTS NEWS KARL KUHN, EDITOR

### MEN'S GOLF

As reported in the Men's Club article this month, Bob Borland, Men's Club Golf Chairman for more years than I can count on my hands and toes, has relinquished that position this month to pursue his many other interests. Let me be the first to offer my sincere appreciation to



Bob Borland

Bob for all those years he has serviced the Men's golf activities and all the reports he has written for the *Seashore News*. Many golfers and non-golfers who read his reports will miss the *Quote-of-the-Month* for they always left one laughing. So, Bob, thank you and best wishes for the future.

-Karl Kuhn

#### WOMEN'S GOLF

Next Fun Day is Monday, August 10. Check-in time is 8:00 a.m. at Aliso Creek Golf Course. A short business meeting and lunch will be held at the course. In July and August the course will serve a great barbecue lunch which

you may purchase. If you have not already signed up or you need to cancel golf, please call one of the golf captains; Linda Ross 248-3408 or Chris Beaver 493-7430. Last minute cancellers also have to notify the starter at the course. We always welcome all levels of golfers. This is golf for fun.

Last month was our Memorial Tournament. We had a great tournament at Aliso Creek. Afterwards we had a delicious luncheon at the Fountains where we were happy to have some of our previous members join us. We had a toast to the members who are no longer with us.

> Our new Club Champion is Marlene Lynch with 42. Runner up was Val Mitchell with 43.

Longest drive on #9 was Val Mitchell.

Closest to the pin on #6 was May Cramer.

Closest to the pin on #8 was Marlene Lynch.

Low putts was May Cramer with 16.

Liz Kelch had a chip in and birdie on #2.

The winner of the mystery game was none other than Marlene Lynch.

"Golf is the only sport where the most feared opponent is you."

—Irene McDonald





Daniel and his big sea bass

# PERSISTENCE PAYS OFF BIG TIME

Tremember back in July 2008 there was an article in the *Seashore News* about "the only two fishermen in the Shores" catching a monster halibut. Well, I've got to say, those aren't the only fishermen living in Niguel Shores.

My name is Daniel Burke and I've been dreaming of catching a White Sea bass ever since I started freediving three years ago. After spending countless hours in the water, tons of money on gear, and a good deal of shivering in between, everything came together last Friday (July 26) when I got my first White Sea Bass. Spearfishermen call them ghosts, because they have a pale white glow underwater and spook faster than any other fish in the ocean. Seeing a fish this size underwater was almost unreal. As it slowly glided through the water I eyed the telltale yellow hue of the dorsal fin and let my metal fly. From sunset to nightfall I had the experience of a lifetime fighting, pulling in line, diving down, untangling line and fish, swimming to shore, and finally carrying the massive fish back to my car. Took a whole 4 hours to clean and fillet the fish, but it was worth it!

Weighed and measured it came out to be 50 pounds and 54 inches and caught locally while shore diving in local waters.

-Daniel Burke

# VOICE OF THE PEOPLE



#### Letter to the Editor:

A plea for our agapanthus: Maybe you, too, have noticed the many agapanthus buds and flowers that are broken off each summer when they begin to bloom. It seems such a senseless act, given that it takes a whole year for the plant to produce its bud and flower, to reach out, break it off and carelessly toss it on the ground. A flower or two here or there is just a small tragedy

but when one sees a clump of that stately flower with a dozen or more headless stems, it is a bigger one. I know it is late and they are fading but I send out my plea for future years and future agapanthus flowers that decorate our slopes and walkways—please no more beheadings!

Ruthy Stahl



# OUR HEALTHY DANA STRAND BEACH

An article in the Local section of the O.C. Register newspaper on Wednesday, July 8, 2009 caught my eye in several ways so I thought I would write a short FYI article for this month's Seashore News.

The title of the Register article *Laguna, Newport top* '08 beach closures reported on the 2008 O.C. beach health snapshot. Laguna Beach was guilty of the largest sewer spills and Newport Beach had the most swimming closures. (Doheny State Beach had many days of closure also).

Wondering how our Dana Strand Beach did in 2008, I investigated the O.C. beach closure report, which showed that our beach had some of the lowest days of closures, none due to sewer spills. Obviously, one of the treasures of living in Niguel Shores is our access to Dana Strand Beach and, per the above-mentioned report, was one of the safest. The article and referenced report stated that more than 60 per cent of beach closures were caused by private property sewer problems, with the majority due to root intrusion and grease blockage. While the majority of grease blockage is caused by restaurants, private homes can contribute to these blockages also and, therefore, the article asked homeowners to do the following preventive actions: (1) do not put any kind of grease down your sinks, (2) do not put any paper towels down the toilet, (3) do not put egg shells down the garbage disposal (I'm guilty of this) because the shell pieces combine with sand and other grit causing a blockage. I believe these recommendations will not only help the ocean but will also prevent plumbing problems in our own homes.

—Karl Kuhn



# Carol's Cuisine Corner

These places are for your information to visit, and are not from a restaurant critic. We all like to find good places to enjoy food with our friends. Since I have a reputation of eating out all the time with friends, I thought maybe some ideas would be of help to our Niguel Shores Community. This column is to help you find some places with good prices that I have found for your enjoyment in our area. If you have any suggestions, please send them to me at zmamie@cox.net and let me check them out.

Happy Hour to enjoy the view and good prices on drinks and appetizers:

**Cannon's:** 4:00 to 6:30 p.m. All their appetizers are half price and are large, sharing sizes. My favorite is the calamari and spinach artichoke dip. Drinks are all 50 per cent. (36344 Green Lantern 496-6146)

**Wind and Sea:** Hawaiian Happy Hour from 4:00 to 7:00 p.m. with reduced prices on Hawaiian appetizers, and special price on drinks like the Mai-Tai and Strawberry Daiquiri, plus wine and beer. We are lucky these are close where we can sit outside and enjoy our harbor. (34699 Golden Lantern in the Harbor 496-6500)

**Stella's:** Italian happy Hour is 2:30 to 6:30 with special drink prices and half-off on appetizers. Sit on the patio and have a view of the ocean. (17 Monarch Bay Plaza 234-1679)

#### Lunch:

**Chaparosa Grill** is offering a special for \$10. It is in Laguna Niguel but worth the drive to have a prix fix lunch. Choice of soup or salad / 4 entrees and soda or iced tea. (30271 Golden Lantern 363-9888)

**Tutor and Spunkys Deli:** Close by for good sandwiches eat there or take home. The sandwiches are very large so think about having one for two if you both can agree on one from the big selection. (34085 Pacific Coast Hwy. 248-9008)

#### Dinner:

**Café Mezzaluna:** One of many of the good deals in our area which you will hear about now and in the future is in our back yard. Read the ad in our *SSN*. What a deal!!! Go in and have one of those delicious meals with your friends and, believe me, you will not leave hungry. Since it is a special promotion it is for cash or American Express only. (2 Ritz Carlton Drive 276-7900)

*Next month will feature other places in our area that have good prices and different cuisines. Bon appetit....* 

-Carol Yocom

# MEET YOUR NEIGHBOR: Neighbors who care for their fellow man in both work and play.

own my street this family came, demolished a house and built a glorious new one-a calm, serene place where they live in harmony with their surroundings; a result of their lives spent in enjoying the freedom of their teachings-an environment that encourages one to grow into ones own abilities. Hansa and Lakshman (Laks as Hansa calls him) were raised in an enlightened and international community in Pondicherry in India-a former French occupied area of India with its poetic name-a corruption of "New Town" as Lakshman explains. They came to the U.S. after undergraduate school to study biology and bio-chemistry for Lakshman



Lakshman & Hansa Sehgal

and Clinical Pathology for Hansa—both in the Chicago area, he at the Illinois Institute of Technology where he received his Ph.D. and, she, at Roosevelt University-both came with one-year scholarships which had to be maintained with a high grade average. They were married in the U.S. after having been "close friends" back home. Lakshman began his career at the Medical School of the University of Illinois as a medical researcher in cardiac surgery, moved to the giant Cook County Hospital and, eventually to Michael Reese Hospital as medical researcher for the Chair of Surgery there who had been a MASH surgeon in Vietnam. Their interest was in transfusions and their pursuit was development of a red blood cell substitute. In this quest, Lakhsman as the researcher wanted a trustworthy assistant and convinced the hospital authorities to hire his wife, Hansa, for that position. She, too, had been working in clinical research and was well qualified. Hence, the two worked together for a number of years, acquired many patents for their research, wrote and published numerous articles and, as each of them reports, loved their jobs and enjoyed working together.

In addition to their work, both contributed extensively to volunteer organizations; Hansa headed the Board of an Asian Domestic Violence Shelter and Lakshman presided over an Asian Human Services organization that provided, with government funding, adult education and legal services for immigrants. During this period they had two sons and shared the rearing of them as a benefit of the flexibility of their employment. Their sons, now grown, both live in California (moved here first and enticed their parents out), one a Stanford graduate, now a doctor at University of California, San Francisco and the other, a graduate of the Northwestern Kellogg Graduate School of Management, works in the financial world in the Los Angeles area.

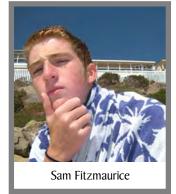
The Sehgals had traveled often to Newport Beach on business, fell in love with this area and, upon retiring, bought a condo next door at the Tennis Villas, both being avid tennis players. Hearing good things about Niguel Shores from some of their fellow tennis players brought them to buy an "ocean view" house here (in 2005) which, Hansa says, was a primary requirement. Rather than do an extensive renovation of an older home, they demolished it and built their elegant and tranquil home from which they continue their work and volunteering. Hansa says that after all this moving and upheaval in her life, she wants a year or two off to travel and contemplate her blessings. Lakshman continues his research, a global affair these days with two projects, one based in the Netherlands and the other in Copenhagen. He does much of the basic work on the internet and the hands-on work is done in labs. He continues his volunteer work as a board member of a special private school in La Jolla that continues the teaching of the bodymind-soul development of the individual according to his own abilities.

So, our admirable neighbors who, through their life's work in medical research and in their many volunteer activities have contributed much to the well-being of their fellowman. Bravo and thank you both.

-Mary Crowl

# Teens Talking

He quietly roams the streets of Niguel Shores with his cockapoo Holly in tow. As he shuffles on by, you can hear the quiet murmurs of neighbors recognizing him as "a walking giant", or the "really tall ginger" as his close friends



call him at Dana Hills. Sam is over six feet tall and apparently he claims he's been shrinking in the past year. Two words can be used to easily describe the character of Sam Fitzmaurice; an ambitious and finicky sixteen year old.

As Sam continues to walk past the whispering neighbors he sees a piece of garbage littering the sidewalk. He bends down to pick it up and it reminds him of many cherished memories during CSF; a club at Dana Hills that has students recycling and collecting any unwanted trash around the campus. An even more prestigious club that Sam participates in is Dolphin Pride. Dolphin Pride has its members racking up 15 hours of community service over a certain amount of time. Sam recollects having "a great time picking up trash and making the community look pretty and clean" through CSF club. He smiles and puts the piece of garbage in the nearest trash can knowing he'd done his good deed for the day.

Sam reaches the bluff directly above Strand Beach and watches as the sun slowly disappears behind the horizon. It's as if the colors and intensity of the light would be just enough to calm you. It's as if a powerful symphony is quieting down, becoming more emotional and beautiful as it dies down. A long trail of people walked up the hill to the gate with frowns on their faces knowing just as the sun plummeted into the horizon; their beach day went with it. Sam understood their pain. He can be quoted saying "if you were allowed to have a bed on the beach, I'd probably live on it." It was dark now and Saturday night had finally come

after a laboring week of school. Sam starts to walk back up the hill and head towards his home. He thinks about what he might do tonight, but then he suddenly realizes Laura, Chelsea, and Colleen will probably T.P. his house again for the tenth time. Still thinking out loud he comes to the conclusion it would be best to stay home tonight so he can finally stop them in the act.

Walking across the bridge overlooking PCH, cars below go screaming by on the narrow strips of road. One car has all four of its windows rolled down, and the sounds of heavy metal and screaming vocals loudly find their way to Sam's ears. It reminds him of the time his own band participated in the head banging rituals of heavy metal enthusiasts at the local music venue called the Chain Reaction. His band, the Kinsmen, includes other students from Dana Hills, all who are close friends of Sam's that meet during the weekends and practice in any available garage. The first time Sam and his band played at the Chain Reaction he described it as "definitely not scary, but a little bit on the gnarly side because of the bands that were booked there with us; mostly heavy metal."

Making his way over the bridge Sam and his dog Holly come across the continuous rows of golf carts lining the community center parking lot. Small children can be heard laughing and splashing from the Niguel Shores pool. The sounds were familiar to Sam for during his sophomore year at Dana he participated in both Junior Varsity swim and water polo. "I really enjoy the feeling of swatting a backhand and saving a goal for my team" explains Sam about his recent water polo season.

Running across the street Holly nearly runs into a speeding golf cart. Sam yanks back on the leash and scoops her up. He walks up the driveway to his house and opens the front door. He puts Holly down and heads straight for the freezer. He grabs a tub of ice cream and ignores the stomach pains he'll endure for the rest of the night if he takes a bite. "I'm lactose intolerant, but it's so worth it to eat a huge bowl of ice cream." Ignoring the diagnosis, he scoops himself a bowl of ice cream and sits down on the couch trying to stay awake waiting for Laura, Chelsea, and Colleen to come and throw toilet paper all over his house. Sam consumes half the tub of ice cream and starts to hold his stomach in pain. It's nearly twelve when the pitter patter of feet can be heard outside. Small giggles of laughter and the rustling of bushes signals Sam that they're finally here. He leaps to the front door and yanks it open. Sam screams in pain and rolls over on the floor. The ice cream was probably not the best idea, especially when you can't digest it. Laura, Chelsea, and Colleen look up and scream thinking Sam finally caught them. They drop the rolls of toilet paper and sprint away and out of sight.

Now as Sam's Saturday night comes to an end, he closes his door and slowly walks upstairs to his bedroom. He plops down on his bed and says, "My stomach is killing me, I wonder how lactose intolerant cows feel, talk about painful." These are the type of thoughts that succumb an ambitious and finicky sixteen year old with guitar playing skills of Jimi Hendrix, a more than perfect GPA, and hair so red it causes his best friends to refer to him only as "the ginger."

-Colleen McNaught

#### Movies continued from page 1

with master's degrees in their fields, some are retired faculty and others regular Saddleback College faculty who work part-time for the Emeritus Institute. The Institute is like a college within a college with its own enrollment and faculty. There is an Emeritus Foundation that accepts tax deductible donations to support the Institute, so, if you are feeling generous and grateful for this privilege of having a college class in your own back yard, remember them next time you need a deduction.

-Mary Crowl





# NEIGHBORHOOD ADS

**Furnished Rental:** September through May – Panoramic Oceanview Side Halyard – 1 story, 3 bedroom / 2 bath. Updated large rear / side deck. Fenced area with doggy door. All the amenities of home. Please call 626-795-9155.

**Beautiful vacation rental:** Ocean and sunset views. Sleeps 4-6. 2 bedrooms / 2 baths plus convertible den. Please call Mary Ann Smith at 626-485-4981.

For Sale: Yamaha Motor Scooter \$350 & Bronze, 4 Dolphin Statue. Looks like the Niguel Shores entrance statue. Stands 5 ft. 6 inches tall – paid 10,000 – sell for \$3,000 – o.b.o. Also decorations for every holiday – 2 x 10 ft. plus Cristmas trees. Call Kimber 949-248-9426

**For Sale:** Patio Heater - Gas, full size. \$50/obo. Please call Kathleen @ 481-5503.

**For Rent:** Key West Florida Hyatt Windward Vacation Club Resort Deluxe 2-bedroom suite, sleeps 6, week of 10/17/09 \$800. A \$2600 value. http://hyattwindwardpointe .hyatt.com/hyatt/hotels/index.jsp, Jim @ 949-488-3741

**For Sale by Original Owner:** Completely remodeled 3,000 s.f. home with swimming pool, spa and 400 square foot oceanview deck. Off white travertine flooring and Fabrica carpet throughout. 3 bed & bath. 33671 Shackelton Isle. Call Joe Smith at (949) 489-1100. \$3.4M

**Math Tutoring:** Niguel Shores Homeowner. Math teacher available for individual tutoring, Elementary School, Middle School and High School. Don't waste your Summer, get ready for next year. Call 949-500-3460

Idaho Rental: Sun Valley/Ketchum, Idaho – Summer / Winter. Very nice 2 br / 2 ba mobile home 3 mi s. of Ketchum Spa. Mtn. views, open spaces – walk to Fly Fishing. Grassy setting near bike path. \$100./night. David 949-290-8420. www.agiftingservice.com/sunvalley.html

**TREADMILL FOR SALE:** Trimline 2200. Wheeled. Excellent condition, very low mileage, used primarily as a clothes rack. \$150. For viewing, call Diane at (949) 707-5191.

Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$3 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised. See Rule 5525 (Non-Commercial Ads Only)

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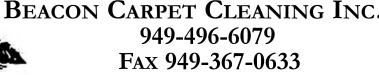
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# **AUGUST 2009 in Niguel Shores**

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Sheriff's Department: 770-6011 Non-emergency services. Dana Point Community Support Unit 248-3580 Business Services 8:00 am to 5:00 pm MondayFriday		JULY SEPT Sun Mon Tue Wed Thur Fri Sat Sun Mon Tue							ur Fri	Sat	
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#### NSCA DIRECTORY NIGUEL SHORES COMMUNITY ASSOCIATION 33654 Niguel Shores Drive, Monarch Beach, CA 92629 Office 949/493-0122 • Fax 949/831-0116 www.niguelshores.org

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Karen Linger - kvling@cox.net

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#### MEETINGS

1:00 pm, 1<sup>st</sup> and 3<sup>rd</sup> Thursdays See Calendar 3:00 pm, 2<sup>nd</sup> Monday 9:30 am, 2<sup>nd</sup> Thursday 10:00 am, 2<sup>nd</sup> Tuesday 10:00 am, 1<sup>st</sup> Friday 9:30 am, 2<sup>nd</sup> Wednesday 1:30 pm, 4<sup>th</sup> Monday

#### MEETINGS

To be determined To be determined To be determined

Women's Club Tina Fornadley, President Men's Club Blair McDonald, President Garden Club Linda/Jerry Koppang, President



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